



AMCANA

ANDHRA MEDICAL COLLEGE ALUMNI OF NORTH AMERICA

President's Message

Prasad Chalasani, MD (81)



My journey at Andhra Medical College (AMC) started in 1981, as a young medico who was excited and proud to be in medical school. It is where I spent some of the happiest days of my life, made lifelong friends and learned how to be a physician. AMC has and will always have a special place in my heart. Reflecting back on where we all started, it gives me great joy to

see how much we have achieved. Most of us come from struggling backgrounds and due to commitment, perseverance and dedication, we find ourselves successful all across the globe. It is indeed my true honor and privilege to lead an organization like the Andhra Medical College Alumni of North America (AMCANA) that represents this group of people and the university where it all started.

When I attended early AMCANA meetings, which were held during TANA conventions, we were a small group of people who envisioned the goals of the organization. Expanding on this vision, we split from Guntur Medical College Alumni of North America (GMCANA) and started our own biannual national conference. Over the years, as membership has grown, we have been able to fulfill our mission of helping our alma mater, patients and students in various ways. We have initiated and funded many projects and now have committed to donate 1.5 million dollars towards the construction of the Andhra Medical College Centennial Academic Block (AMC-CAB) by 2023.

As you scroll through this souvenir, you will see many of our dedicated alumni who have donated and contributed to

furthering AMCANA's goals. During my tenure, there were a few outstanding individuals that I would like to recognize specifically for their commitment and support: AMCANA Liaison team, Principals Dr. Radha Tatapudi and Dr. P. V. Sudhakar and, Superintendent Dr. G. Arjuna. You all have been instrumental in the success of many projects. I would also like to acknowledge and thank our key note speaker Dr. Ravi Raju Tatapudi, our chief guest Dr. P.V. Sudhakar, our liaison members who have traveled all the way from India to attend this meeting, and Andhra Medical College Old Students Association (AMCOSA).

With our 5th biannual conference in Las Vegas comes excitement to meet seniors, juniors and our network of friends from across the world. So many dedicated people have worked tirelessly to put this event together including our organization committee, chairpersons of various committees and an incredible group of volunteers. I would also like to recognize our Executive Committee for their commitment and our Board of Trustees for their guidance. Finally, it is you, the delegates, who help accomplish the real goals of this conference with your lively participation. I thank each and every one of you from the bottom of my heart, and my hope is that we all enjoy a truly memorable weekend filled with nostalgia, gratitude and excitement!

I leave you all with one request. Please continue to stay engaged with AMCANA by attending future conventions and making donations to benefit our alma mater. Our strength is in numbers and my goal is to bring together all of our alumni living in the US to magnify AMCANA's vision. AMC is a truly an important part of our past that has played a significant role in our successes, and I encourage you all to continue giving back to our mother institution.

.....AMCANA Officers, 2016-2018.....

Prasad Chalasani - President,
Uma P. Penugonda – President Elect
Mallareddy Maddula - Past President
Nagendra Mynani - Secretary
Sriram Sonty – Treasurer
Srinivas Tammineni – Joint Treasurer

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Sarvabhouma S. Thota - Member

Program

July 27, 2018, Friday:

6PM —9 PM Registration, reception and dinner

July 28, 2018, Saturday:

8:30 - CME registration

9:00- 12:30 CME

Lunch break

2:00 - 3:00 - General body meeting and elections

5:00 - Midnight- evening program

5:00 - 6:30 : Class pictures, meet and greet, cocktails

6:30: Program starts

Welcome address: Dr. Mallareddy, Organizing committee

Prayer: Dr. Radha Tatapudi

Anthem: Indian followed by American

President's opening remarks: Dr. Prasad Chalasani

Chairman, BOT message: Dr. Sriram Sonty

Chief Guest: Dr. P. V. Sudhakar, Principal, AMC

AMCANA Women's Initiative: Dr. Seetharamayya Nagula

Legends of AMC: Drs. Ravi & Seshu Sarma

Keynote Speaker: Dr. Ravi Raju Tatapudi

AMCOSA message: Dr. E. Pedaveerraju

Awards ceremony:

Dr. Sriram Sonty and Dr. Prasad Chalasani

Fund raising: Alumni

Introduction of new EC and Board members:

Dr. Raj Nandyal

Vote of thanks: Dr. Uma

Dinner banquet

Entertainment and DJ - Mani Sastry and group with R. P. Patnaik, renowned music director

July 29, 2018, Sunday:

7:30 -10:00 – Breakfast

Meet and greet - Drs. Ravi Raju, Sudhakar, Pedaveerraju, Radha and guests.

July 30, 2018, Monday

Group tour, Grand Canyon. Advance registration needed.

CME Moderator and Course Director: Raja Nandyal, MD.

8:15 AM- 8:55 AM: Registration

8:55 AM- 9:00 AM: CME instructions- Housekeeping Remarks- Raja Nandyal, MD.

9:00 AM- 9: 40 AM: "Evolving Landscape of Precision Medicine"- Hima Bindu Gaddipati, MD

9:40 AM- 10:20 AM: "Current Advances in the management of Ageing Eye Disorders"- Sriram Sonty, MD

10:20 AM- 10:50 AM: **Coffee break**

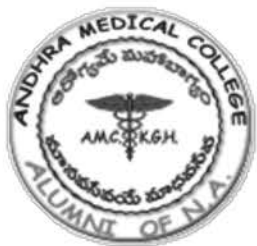
10:50 AM- 11:30 AM: "New 2017 Hypertension Guidelines and the Rationale"- Radha Sarma, MD

11:30 AM- 12:30 PM: "Physician Resilience and Well-being"- R. Murali Krishna, MD

12:30 PM: Wrap up- Adjournment.

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“Be the change you want to see in the world – Mahatma Gandhi “

Dear Fellow AMCANA Members,

Namasthe,

It is a Great pleasure and honor to be the Chairman, Board of Trustees of AMCANA.

This Chairman position was very noble and respectable to me for my 19 years of service, as President 1999-2003 , Treasurer 1999 – todate, and Chairman Board of Trustees 2016-2018. During my term as President AMCANA had a great foundation, 501 © 3 Status, major collaborations with AMC and KGH campuses.

The philanthropic vision of the Pattisapus, the inspirational leadership of Rammohan Kairam, the generous attitudes of Dr Seetaramayya Nagula and his classmates, the missionary zeal of Drs Ravi & Seshu Sarma, the facilitatory philanthropy of Dr Prasad Chalasani, the sensitive and sensible presidentships of Raja Nandyal & Mallareddy Maddula and scholarship facilitation by Dr Sudhakara Babu Bangaru and many more contributions towards AMCCAB by the current and future leadership AMCANA's flag will fly very high. I thank the AMCANA membership for their trust in me during these years.

Sriram Sonty, MD FACS

Chairman

Board of Trustees

Board of Trustees:

Chairman

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Welcome!

-Organizing Committee

Dear Delegates

It is with great pleasure that we welcome you to the 5th AMCANA meet in the fabulous City of Las Vegas. We wish you a very pleasant reunion with classmates and friends to rejoice and reconnect in the “Meadows”, English meaning of Las Vegas! The Venue, Treasure Island Casino, is a perennial award winning resort for outstanding services and facilities. Hope you took advantage of the special room rates and also signed up to enjoy the Grand Canyon group tour.

The registration counter will be open on Friday evening and Saturday morning. Please pick up the Hospitality Bags with your name tag. We thank AMC 1963 Batch for sponsoring bags & gifts for the delegates.

Please register for CME on July 28, Sat 9 am-12:30 pm, sponsored by the University of Alabama School of Medicine. Spouses are welcome to attend these informative sessions. We thank Dr. Rajgopal Nandyala for putting together a very good program with excellent speakers.

Saturday evening you get to greet and meet your classmates in a relaxed atmosphere. The evening program will start

after the cocktail hour. We have 3 special guests visiting from India. Banquet dinner will be complemented by live entertainment.

On Sunday, the 29th, there will be individual class reunions. On Monday, the 30th, enjoy the adventurous and exciting Grand Canyon and sightseeing tour. You can plan group tour with your batch mates & friends. You need to reserve in advance. We will be glad to assist. Please let us know.

Thank you for taking the time and making the effort in support of AMCANA. Hope you will take back memorable experiences, rich with recollections of the college days.

We thank the Executive Committee and the Board of Directors for an outstanding job done to gift us with this AMCANA Meet. Our thanks to the Souvenir Committee for their fine work in putting together the conference souvenir. Look forward to seeing you in 2020.

Thank you

Drs. Malla Reddy, Divakar Reddy and Sarvalakshmi Duriseti.

From the editors

P. Ravi Sarma, Jyoti Rao and Manikumar Bheemarasetty

Dear fellow alumni and AMC well-wishers:

Welcome to the 5th Biennial AMCANA Conference.

This compact souvenir has a lot of information that summarizes the 37year effort and progress of AMCANA whose mission it to help our alma mater, AMC, KGH and affiliated institutions. It honors some of the legendary alumni of our college. It showcases the projects initiated and completed by individual alumni and by several batches working in cooperation with AMCANA, AMCOSA and the leadership of AMC and KGH over the years.

As you can notice, the alumni support started in small ways and as the path of cooperation led to meaningful and measurable success, the scope of the projects undertaken to support our medical school and its leading hospital has increased. You will read several articles that document these cooperative ventures. You will read about two of these ambitious projects that are currently being planned that will be completed in the near future, the renovation of the Pathology block and the CAB, Centenary Academic Block.

There are essays on the importance of alumni supporting

the institutions that gave us our livelihood and contributed greatly to our success. For us living in the US, alumni support to all institutions, both public and private, is very familiar. In India, outside of institutions like IIT, this is still an unfamiliar terrain. The inertia and bureaucracy of earlier years are giving way to cooperation and collaboration. This can be readily noted in the articles by the Principal, the Vice Principal and Professor of Pathology as well as by the optimistic tone from AMCANA President, Chairman and other leaders.

Finally, there is a poetic tribute to AMC and a call to come forward and help our mother institutions by the AMCANA/AMCOSA/ AMC Liaison.

A lot of effort went into organizing this meeting. It has been a pleasure for us to work with the leadership of AMCANA. Many thanks to Prasad and Sriram garu. Many thanks to Sanjay Pandya of Davis Printing for many hours of hard work. If we can get the attention and support of the 1000 + alumni of AMC who have settled in the US, Canada and the islands, we can quickly surpass the 1.5 million that AMCANA committed towards the 2023 Centennial Academic Block.

ANDHRA MEDICAL COLLEGE

VISAKHAPATNAM, ANDHRA PRADESH, INDIA.



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Dr.P.V.Sudhakar,

M.S., M.Ch, DNB,FAIS,FICS.

Principal

Date:- 17.7.2018.

Message

Dear alumni,

Its indeed heartening to learn that the fellow alumni of Andhra Medical College are meeting at Las Vegas this July. Every graduate of AMC feels back proud to be a product of this wonderful institute. The college enjoys the reputation of a premier medical institute of the state. True to its reputation, It continues to attract the cream among the youngsters. The fame that it earned emerges from the great teachers this college traditionally had as well as the students with outstanding abilities that it produced. The students of AMC have a distinct identity and stand apart among the peer group by virtue of their unique character. The perfection that makes them excel in profession and the character that makes them think of the society and their roots make them unique. The AMCANA of modern times under the able leadership of the executive have made significant contributions to the development of its Alma mater. This has strengthened the efforts of local Government and won the hearts of the young medicos back home.

I hope this meeting deliberates on the ideas to bring all the alumni together for ever.

I wish the bondage gets strengthened for the benefit of the society giving immense satisfaction to the products of AMC. Sarvejanaa Sukhinobavanthu. God Bless all.

Long live AMC

Long live AMCANA

Long live AMCOSA

Dr.P.V.Sudhakar

M.S.,M.Ch.,DNB

Principal,

Andhra Medical College.



Principal's address to AMCANA

Dr. P. V. Sudhakar



President of AMCANA, my beloved alumni of Andhra Medical college and guests,

I deem it is my fortune to stand before you to address this wonderful gathering. I am elated at seeing the alumni of generations including my own class-mates, juniors, seniors and friends from India.

I would like to thank my friends Prasad Chalasani and Mallareddy for inviting me and extending unparalleled hospitality. I was pleasantly surprised at the opportunity to meet many of the alumni in the dinner meeting at New York city on Wednesday. I thank Ram Kairam for his kindness.

I am privileged to be the principal of our Alma mater at a time when there is an unprecedented activity including this meeting which I am sure will be remembered for decades to come. Ever since I took up administrative jobs like Officer on Special Duty at VIMS, Vice-Principal, AMC and presently Principal, I have been receiving endless generosity from alumni particularly AMCANA. I bow my head in reverence to the alumni for the confidence reposed in me and making significant contributions to the development of our alma mater.

The contributions of AMCANA like upgrading the Neonatology unit, Cervical Cancer screening program, Breast cancer screening by Dr.Seetaramayya Nagula and batch, development of AMCANA study centre by Kavitha Pinna-maneni and Sridhar Chilimuri, adding facilities to hostels by Prasad Chalasani's batch, all need to be acknowledged. The collaborations with AMCOSA has made the execution of projects suggested by AMCANA easy. Dr.Ravi Sarma's benevolent contribution to renovate the Pathology department and the Pattisapu family's continuous support are praise worthy.

After I took over as Principal, I enrolled in the US state Licensing Boards' portals for expeditious verification and I assure you that it will be continued.

I started the department of EMD with the help of Superintendent, KGH which is functioning effectively. The credit goes to Dr.Ram Mohan Kairam for his untiring efforts in driving us towards that end. A lot still needs to be done on this front and I am sure AMCANA will continue its support in all possible ways.

As we are heading towards Centenary in 2022-'23, we all envisaged the idea of building a 'CENTENARY ACADEMIC BLOCK' and I am excited about your commitment to make it a reality. When this beautiful building opens with excellent facilities, it puts our AMC on the world map of reputed

colleges. It fulfils our dream of placing our alma mater in the forefront of medical education. We all should acknowledge Dr. E. PedaVeerraju for dreaming up this project first.

Some of you must be wondering as to why we are taking the responsibilities of the government?

I wish to strongly state that our contributions in the field of medical education and patient care by taking up projects makes positive impact on the society apart from providing immense satisfaction in 'giving back'.

As Principal of AMC I had wonderful opportunity to meet illustrious alumni like Dr.Raja Nandyal, Dr.Sriram Sonti, Dr Jayanthi Subbarao and many more. I wish to recognize the efforts made by our alumni in supporting academic activities by instituting medals and orations like Dr.Raviraju medal in nephrology by Prasad Chalasani, Dr VJ Dhanaraju oration etc.

Some of you have expressed dissatisfaction that the extracurricular activities and sports have been neglected in Andhra Medical College. I would like to say to all of you confidently that I have endeavored to rebuild the AMC culture that many of you so fondly remember. I have begun work on restoring the AMC men's hostel playing field for restarting Cricket activity including re-starting the major Ebdon memorial cricket for which many of you have great memories. We have a collaboration with the District Cricket Association in improving the grounds. We have already started reaping the fruits. Our boys have won the intercollegiate cricket tournament and were champions in Dr. NTRUHS intercollegiate games. On the academic front I have started the inauguration of Academic session with luminaries in Medical education. Intercollegiate academic competitions are being held on the AMC foundation day on 19th July every year.

I will also work aggressively towards improving student environments and facilities at the ladies hostel and the men's hostel, as much as the government would allow me to do. I would like to congratulate and thank you all for your financial contributions in the past ten years for improving student facilities such as the electronic access library and improving facilities at both the hostels.

I would like to close by once again acknowledging your continued support and your philanthropic activities in AMC/ KGH and look forward to more of your love and affection to your alma mater.

I thank you very much for this invitation and I hope to see most of you as I spend the rest of my time here and as we go to the Grand Canyon and Hoover Dam.

ANDHRA MEDICAL COLLEGE CENTENARY ACADEMIC BLOCK

Ravi Raju Tatapudi, M.D.,D.M.,FISN, DSc, FRCP

Radha Tatapudi, M.D.,D.G.O.

Located in the beautiful city of Visakhapatnam, on the shores of the Bay of Bengal, Andhra Medical College, one of the ancient citadels of higher learning, our proud alma mater, has made its mark in the firmament of medical education during the past ninety five years. Many globally acclaimed medical professionals, who were initiated here and settled across the continents, love to identify themselves as alumni of AMC. It is the oldest medical college in Andhra Pradesh, 8th oldest in India and will be celebrating centenary in six years from now, in 2023. Batch after batch, students went out of its portals and made their lives as doctors, in India or in foreign lands and brought laurels to the alma mater. The college now trains students of MBBS, MD, MS in several specialties, DM in five super specialties and M.Ch in four surgical specialties and is the most sought after institute in the State of Andhra Pradesh. The intake of undergraduate students has increased from 150 to 200 in 2011.

The Need: With an increase in the intake of undergraduate students and postgraduate students, advances in medical training methodology over years and regulations of the Medical Council of India, requirements on the college have tremendously increased. The college is facing constraints of the facilities and space.

At present, there is only one lecture hall with 250 seating and one examination hall with 250 seating in the entire college. Lecture galleries and demonstration rooms are scattered in separate buildings of preclinical and paraclinical departments, with seating capacity of 75 -150 each. Most of the clinical departments have demonstration rooms and seminar halls with limited seating capacity and lecture classes are conducted in the college. Existing Library is small and does not fulfill the specifications of MCI.

There is an urgent need to build an exclusive academic block with lecture halls, examination halls, spacious library and cloak rooms with specifications of area and seating, since it is difficult to create the required facilities in the existing buildings. This facility should accommodate 4 lecture halls with 300 seating capacity, 3 examination halls with 250 seating capacity and a library with an area of 4000 square meters

with ancillary facilities, to fulfill the MCI requirements. In addition, in 2014, 'Hud Hud', a great cyclone damaged the college auditorium beyond repair and it needs demolition and rebuilding. As there is no other suitable site in the college, an academic block fulfilling all the requirements is proposed to be built in the place of auditorium. The block should have an auditorium with 1000 to 1500 seating capacity, in addition to the facilities mentioned above.

Proposals: It was proposed that a new building, "Centenary Academic Block" (CAB) be built during several meetings of the College Council. It was also decided that this facility should be adequate for future needs as the intake of undergraduate students may further increase to 250 in near future. In this regard, proposals and estimates prepared by APMSIDC were sent to the Government through DME in 2015-16



In view of the huge expenditure involved for the proposed construction project, the Principal of Andhra Medical College has approached AMCOSA and AMCANA for support and contribution for construction of the Centenary Academic Block. A series

of meetings were held in the office of the Principal with representatives of AMCOSA and AMCANA during 2015 and 2016. Both AMCANA and AMCOSA have agreed to support the cause. In 2016, Dr T. Radha, Principal, convened a meeting with AMCOSA executives. Dr. E. Pedaveeraju and Dr. K. Rammurthy of AMCOSA came forward, hired an architect to conduct site-survey. He prepared plans for construction and also a prepared a detailed Project Report. The project estimate was Rs 40 crores. The building will have six floors including parking. On request from the Principal AMC and AMCOSA, the President of AMCANA has communicated through email that AMCANA will contribute one million dollars, provided AMCOSA provides an equal amount. AMCOSA has agreed to contribute an equal amount in rupees. It was decided that the Government would be requested for proportional matching grant. For a successful execution of the above task, it was felt that it is essential and appropriate to form a Centenary Academic Block Society. The Centenary Academic Block Society was constituted during the tenure of

A.M.C. Centenary Academic Block Trust

Chairperson:Dr T. Ravi Raju
Co-Chairperson:Dr E. Peda Veerraju
Convener:Principal, Andhra Medical College
Co Convener.....Dr K. Ramamurthy, Secretary,
AMCOSA
Co Convener:Dr VRK Prasad Chalasani,
President, AMCANA
Ex Officio Members: Director of Medical Education, AP
Superintendent, KGH

Members:

Dr.N.Subba Rao
Dr.T.Radha
Dr.P.V.Sudhakar
Dr.G.Arjuna
Dr.SNR Naveen
Dr.G.Butchi Raju
Dr.Vijaya Babu
Dr.R.Sasi Prabha
Dr.K.Venkateswarulu
Dr.SKE. Apparao
Dr.A.V.Siva Prasad
Dr.B.Udaya Kumar
Dr.Seetaramayya Nagula
Dr.Nagendra Myneni
Dr.Ram Mohan Kairam
Dr.Raj Gopal Nandyal
Dr.Ravi Venkatachalam

Signed, T. Radha, Principal,
Andhra Medical College, Visakhapatnam
25-2-2017

struction will be carried out by the College.

The trust was constituted on 25-2-2017 as Dr T. Ravi Raju, then Vice chancellor of Dr NTR University of Health Sciences as the Chair Person, Dr E. Peda Veerraju as Co-Chair, Principal, Andhra Medical College as convener, Dr K. Ramamurthy, Secretary AMCOSA and Dr VRK Prasad Chalasani, President AMCANA as Co Conveners and the Director of Medical Education and the Superintendent, KGH as Ex Officio Members. Rest of the members were chosen from AMC, AMCOSA and AMCANA.

The AMCANA: AMCANA has always been a great supporter of the college and the hospital. In recent times, the Women's Cancer Screening program was started and has been going on successfully with 1966 batch contribution. Mammography equipment costing Rs 40 lakhs is going to be inaugurated soon by the same batch. Dr Seetaramayya Nagula has been pursuing these projects diligently. He is also providing funds for building the Emergency OR and first Stage Labor Room in OBG Block in KGH. Dr Ravi Sarma's project of renovating Department of Pathology with an estimate of Rs 1.3 crores is commencing in August 2018. Now, for the Centenary Academic Block, Dr. Prasad Chalasani, President of AMCANA initially gave letter of commitment for one million dollars. Now it will be the equivalent of Rs 7.5 crores. AMCOSA and AMC greatly appreciate the magnanimity and affection of AMCANA friends towards AMC.

The Progress: The proposals and DPR were sent to the Government through the DME, Dr N. Subbarao. The Government was approached and with the efforts and perseverance of Dr T. Ravi Raju, a G. O (Government Order) was issued on September 12, 2017, with a Government grant of Rs 25 crores matching the AMC alumni contribution of 15 crores. After retirement of Dr T. Radha, Dr P.V. Sudhakar took over as Principal of AMC and has been actively pursuing the cause of CAB. With the enthusiasm and commitment of CAB trust, the then Minister of Health, Dr. Kamineni Srinivas laid the foundation for CAB in February 2018.

The trust prepared an MOU and submitted to the Government for approval, so that the construction will be executed with good standards and quality.

Through this MOU, we want to persuade the Government of AP to approve the roles of AMCOSA and AMCANA in ensuring the quality of construction of CAB and ensure that the project will be completed by the Centenary year

Centenary Academic block is a mega dream project, long cherished by many of the alumni. I am sure we are going to achieve the goal with our concerted efforts, diligence and perseverance. As Chairman of CAB Committee I will put best of my efforts to overcome the teething problems and see that our goal is achieved and the centenary block will be a jewel in the crown of our alma mater.

Dr T. Radha as the Principal with following goals:

1. It will mobilize funds for the construction of the block
2. It will approach and obtain approvals and funds from the Government.
3. It will execute and supervise the construction including infrastructure and furnishing of the building.
4. It will help create a corpus fund for provision for emergency needs in the operation of the Centenary Academic Block.
5. It will approach the Department of Income Tax and other Governmental departments for facilitating donations from alumni and philanthropic individuals and organizations.
6. Maintenance of Centenary Academic Block after con-

REPORT ON PROPOSED RENOVATION / DEVELOPMENT OF PATHOLOGY BLOCK OF ANDHRA MEDICAL COLLEGE, VISAKHAPATNAM, A.P. INDIA

**-DR. A. BHAGYALAKSHMI, Professor & HOD, Pathology Department
and Vice Principal, Andhra Medical College, Visakhapatnam**

1. THE ISSUE

The building that houses the pathology department of Andhra Medical College (AMC), Visakhapatnam, Andhra Pradesh, India, as at present will be completing 100 years of its existence shortly by 2023.

Class rooms, Demonstration halls, Practical halls, Museum etc., there in the building, which were all originally designed ninety five years back, have become outdated, shabby, clumsy, irrelevant and inconvenient. They fail to meet the present day requirements and are standing as stumbling blocks while attempting for further growth and development of the Department. Above all, it is not matching with the high prestigious status of the Medical College.

The heritage building is showing its signs of strength and durability still. Thus, it prevents going for the option of its total demolition and construction of a new modern building in its place.

That being so, renovation of building on modern lines providing enough of scope for an appropriate redesign of various segments there in the building has obviously become the need of the hour.

The College is being run by the State Government of Andhrapradesh and the Government finds it difficult to make necessary budgetary allocation for such a renovation.

2. THE SAVIOUR, DR. RAVI SARMA : HIS PHILANTHROPY & COMMITMENTS

Dr. Ravi Sarma, a very well known AMC alumni in U.S. and his wife Dr. Seshu Sarma have a great reputation for their philanthropy, social work and dedication to the Indian culture and temple over last 3 decades or so.

Dr. P.V Jagannatha Rao garu, father of Dr. Ravi Sarma, was a professor of pathology and an accomplished man. He worked in the department of pathology, AMC starting from 1962 and had left from there as a professor in 1968. During his tenure at AMC, he had spent years improving the museum and it was a star attraction at the time of the first medical health fair at KGH in 1968/69. He also worked to improve the clinical lab and the mortuary during his tenure there. Though he worked at several other places in different capacities later, Dr. Jagannatha Rao garu had developed deep passion for Pathology Department of Andhra Medical College, Visakhapatnam.

Dr. Ravi Sarma himself, during his final year of MBBS and during house surgency in 1970-1972, had spent countless hours in the Pathology Department of AMC reviewing thousands of slides for the "Chutta Cancer" study that was conducted by Dr CRRM Reddy.

Dr. Ravi Sarma went to many villages then, collected samples and analyzed them and published the results in prestigious journals such as Acta Cytologica in 1973 and 1974.

Dr. Ravi sarma's grand father also graduated from the forerunner of Andhra Medical College in early 1900s and worked as a public health officer during those tough times when Indians were not allowed to become doctors.

Spurred by the passionate attachments of his family for generations with the Pathology Department, Dr. Ravi Sarma came forward for restoration and renovation of the department of Pathology and the Pathology block.

3. INITIATIVES & APPROACHES

Dr. Ravi Sarma had initially approached Sri Chalasani Prasad, President, AMCANA and expressed his desire for donating to development of pathology department in Andhra Medical College in his father's name on full funding basis.

Sri Prasad has already been overseeing a number of collaborative works between AMCANA/ AMCOSA/ AMC and KGH to benefit medical education and the welfare of patient that the hospitals and medical school serve.

So, Sri Prasad in turn had made known the intentions and preparedness of Dr. Ravi Sarma to Sri P.V. Sudhakar, Principal, AMC and Dr. A. Bhagyalakshmi, professor and HOD of Department of Pathology, AMC.

Dr. A. Bhagyalakshmi had prepared an elaborate power point presentation with vivid photographs depicting the present state of the pathology block. She had also exhibited a number of visuals which can serve as illustrative models for redesigning the class rooms / practical halls / demonstration rooms / museum.

4. NATURE OF RENOVATION / DEVELOPMENT WORKS

After several rounds of discussions/ mails with all concerned, it is agreed upon to take up the following renovation / development works in the Pathology block

1. Renovation and upgradation of Class Rooms with good lighting and proper audio-visual equipment as well as up-grading the furniture
2. Renovation and upgradation of Demonstration Hall (s)
3. Renovation and upgradation of Practical Hall
4. Renovation and upgradation of Museum Hall
5. Renovation work of entire exterior of Pathology block

6. OTHER WORKS: SEPARATE STAIR CASE & LIFT

There is no separate way / route to enter into the practical hall directly. As a result, a batch of 200 students are passing through the lecture hall only now to reach to the practical hall causing lot of disturbance to the class that is going on in the lecture hall. Two to three students among them are physically challenged too.

So, an idea is mooted to construct one separate STAIR-

CASE together with an auto door LIFT from ground floor to first floor to facilitate direct entry into the practical hall by a 200 strong batch of students.

7. A proper granite (or other) inscription will have to be fixed honouring the memory of Sri P. V. Jagannatha Rao garu, father of Dr. Ravi Sarma, in front of lecture hall and name the lecture hall in memory of Sri P. V. Jagannatha Rao. This will be done as a token of gratitude towards his family contribution but by not changing “Bhaskar Menon school of pathology”

5. SELECTION OF CONTRACTOR

Taking the help of faculty and active members of AMCO-SA / AMCANA, some five to six contractors were contacted to undertake the above mentioned works

The contractors had undertaken the necessary survey and measurement works and submitted their individual designs and cost estimates in detail.

Sufficient precaution is taken to select such a contractor who has got good knowledge of preserving the strength of the heritage building while providing the contemporary amenities and who is capable enough to carry out the proposed tasks at competitive market rates by maintaining the required quality standards (state of the art facility with good aesthetics appearance). Sufficient care would be taken to meet all the MCI requirements.

After thorough scrutiny, it has been agreed upon to award the contract to one Mr. G.V.Raju who is prepared to undertake the above mentioned renovation works at an estimated total cost of Rs. 1.30 crores.

6. ACCEPTANCE BY RAVI SARMA

Dr. Prasad had a long discussion with Dr. Ravi Sarma garu regarding these finalised project proposals.

Dr. Ravi Sharma has gracefully and magnanimously agreed to contribute towards the entire cost of the captioned project to an extent of Rs.1.30 crores as a single individual all by himself.

This is the single largest philanthropic activity undertaken by AMACANA with one family donation.

This is indeed an act of unusual magnanimity and it reflects his genuine and strong affection for the department.

With this, reverence for Dr. Ravi Sarma has raised enormously in the doctors circles here.

Dr. Prasad feels that the successful completion of this project will give an immense motivation for CAB project

7. ACCEPTANCE BY ANDHRA MEDICAL COLLEGE DEVELOPMENT SOCIETY

The Andhra Medical College Development Society un-

der the chairmanship of the District Collector had approved the proposed renovation work of the AMC pathology block for which Dr. Ravi Sharma garu has magnanimously volunteered to meet the whole cost to be incurred there for.

In that meeting, permission has also been granted to name the lecture hall in the memory of Dr. P.V. Jagannatha Rao, beloved father of Dr. Ravi Sharma.

8. SUPERVISION MONITORING & REVIEW

It has been decided to form a committee with the following members to oversee the implementation of this project locally.

1. Dr. P. V. Sudhakar, Principal AMC – Chairman
2. Dr. K. Rama Murthy, AMCO-SA representative
3. Dr. N. Seetha Ramayya, AMCANA representative
4. Dr. T. Radha, Ex- Principal, AMC – Member
5. Dr. A. Bhagyalakshmi, Vice principal (Coordination), Prof & HOD Pathology
6. Dr. S.N.R. Naveen, Assistant Professor, General Medicine Dept.

The committee would attend to the following matters, among others :

- i.) Overseeing (including Monitoring, Review and Appraisal of) the implementation of the project.
- ii.) Working out the modalities for completion of each phase of project in the given time frame in each phase by sorting out the issues / problems.
- iii.) Ensuring that the renovation works are in conformity with the

MCI requirements

- iv.) And, any other matter that would be deemed as necessary in future

9. SYSTEM & PROCEDURE FOR FUNDS DISBURSEMENT

After discussing with Dr. Ravi Sarma garu, Dr. Rama Murthy garu, Dr. Naveen, Dr. Prasad and his team had decided to send the funds directly to the vendors depending upon the progress of the work progresses. Once the supervising committee approves the invoice, AMCANA will forward the money towards the pathology renovation project.

10. OVERALL TIME FRAME

2019 will be the centennial year of Dr. P. V. Jagannatha Rao's birth. He was born in 1919. 2019 also is the 50th year of Dr. Rama Sesu garu's class reunion.

Hence, keeping in view the appropriateness of the scheme, it is planned that the whole project should be completed in all respects by March 2019 for the 100th birthday of Dr. P.V. Jagannadha Rao garu.



Beast in the Belly : A Son's Tribute

-P. Ravi Sarma, class of 1966

I was late coming home from work that night in mid 2003. My father was waiting for me. "My ankles are swollen", he informed me quickly, and added, "I think it is from anemia." I thought about possible B-12 deficiency anemia, since he had part of the stomach removed more than four decades ago because of an ulcer. The possibility of bleeding also crossed my mind. Later on, I would approach him and recommend that he undergo an endoscopy. "It will be a cancer, and there is not much anyone can do", he told me matter of factly. Tests showed that it was indeed cancer in the stomach and at surgery it could not be removed.

My father was the second of three children, an only son. My grandmother died in childbirth, when he was two years old. His childhood was one of hardship and those emotional scars never left him and shaped his personality to a great degree. He was a private person, who found refuge in books and in seeking knowledge. A medical professor, he was brutally honest. In a system where physicians had a lot of opportunities to enrich themselves, he remained an ordinary middle class man, declining to become corrupted in order to become rich. He was the only medical school professor, later to become chairman of the department and acting dean, who rode his bike to work, while all other professors drove in their cars.

We were six children, born in a span of 8 years. My mother, a simple woman, with elementary school education, struggled to take care of all of us. He was helpful, but would make everything complicated for my mother. She would be intimidated and start crying. I was the oldest of the children, and was also her confidant. My father was stern and serious. Our recall of him during our childhood is that of an adult who was always reading something or other. Any question we had while we did our schoolwork, we would ask him and he would answer us and point us in the right direction.

He never tired of telling us that education was our only outlet to success in this world. He made it clear that there won't be any inheritance, since he did not have any money. He was very proud of the fact that all his children had professional education. There were several setbacks in our lives, but by and large the family held together and prospered.

My father was a scholar of the scriptures, and admired the life and work of Jesus. He was a scholar of the Bible and was very knowledgeable of the Quran. He had an excellent command of Telugu, Hindi and English and a working knowledge

of Sanskrit and Urdu. He was also an expert astrologer. Because of this, people always came to our house, seeking his advice and guidance. In the 20 years that he lived in Atlanta with me, he was very helpful to the community in many ways.

Our children had the good fortune to know both sets of grandparents and particularly respected my father's scholarship. They were amused by his quest for knowledge. Often they would find him enjoying their college level physics book, as well as my youngest son's children's storybook. (They were very close to their maternal grandfather, whom they considered their friend) An intensely loyal man to his family, my father took pride in his grand children's accomplishments.

Time had its toll on my father and he was frail by the time he was diagnosed with stomach cancer. He opted not to have any chemotherapy. He asked that he be kept comfortable. He

continued to follow his routine for a few months afterwards. Then, he gradually lost his capacity to eat, retain and digest. It was sad to see a "giant" of a man to shrivel and become dependent. He had an incredible memory and recall and it stayed with him till the very end.

My wife Seshu was his daughter during the thirty years of our marriage when he was alive. He would fuss at her and complain to her, but he had great confidence and trust in her. On the last day of his life, shortly after his 85th birthday in March, 2004, he entrusted the care of my mother to her and died peacefully in her hands, with my sister Padma in attendance and my mother standing next to him.

I am an oncologist and I see families struggle as their loved ones fade away in front of their eyes. My father's sickness and his last months taught me as never before, what cancer and other equally devastating illnesses can do to people's lives. My memory of my father continues to be one of a radiant professor in his prime, stern, serious and intensely loyal and not the frail elderly man, whose strength was sapped, but the spirit not broken, by the beast in his belly.

Dr. P. V. Jagannatha Rao, MD

Andhra Medical College, MBBS, class of 1938? Graduated in 1944

Govt Service, Primary Care, 1946-1963

MD Pathology, AMC, 1966

Assistant Professor of Pathology, 1965-1968, AMC

Associate Professor Pathology, 1968-1969, Gandhi Medical College

Professor and Chairman, Dept of Pathology, Kakatiya Medical College, Warangal, 1969-1974

Professor and Chairman, Dept of Pathology, Dhanbad Medical College, 1976-80



Helping the Helpless

-Seetaramayya Nagula, Class of 1966

When we enter medical school, "Service to Humanity" is front and center in our minds. But as it comes time to joining the workforce, a new element of money occupies our thoughts. This new element should not replace the original ideal of service to humanity. One has to balance both the themes. We indeed need earnings to live, but we do not live for money.

The motto, "Helping the Helpless", should remain at the forefront of any physician's mind. The helplessness is particularly profound if one is poor. Helping the helpless should be the focus when a doctor comes across a sick patient who is also poor, seeking care in a Government Hospital like King George Hospital. It is vital that every person involved in delivering care to these indigent patients exhibit empathy, compassion, and above all, a healing hand.

When I visited the Casualty department in 2010, I witnessed an inhumane act of a patient with head and hip injuries being dumped at the Upper Level X-ray area. This callous act brought tears to my eyes, and I became determined to help the helpless. Working closely with my classmates of the 1966 Batch and AMCANA (Andhra Medical College Alumni of North America), we launched a series of limited

but useful upgrades in a variety of clinical departments. We provided the Casualty Department with an ultrasound machine to evaluate abdominal and pelvic pain, an X-ray unit to evaluate patients with bone fractures, and pulse oximeters and cardiac monitors to evaluate the sickest of the sick.

In 2014, we visited the Pediatrics Department and the Neonatal ICU. The scene of 2-3 neonates sharing a body warmer and a phototherapy unit was heartbreaking. The helpless newborn babies needed all the help we could provide. My classmates and AMCANA joined forces again in 2015, and with guidance from the Pediatrics Department faculty and the superintendent of KGH, a modern 20 bed Neonatal ICU was added to the existing unit. We provided the much needed body warmers, phototherapy equipment, central oxygen and central suction, transforming the care of these neonates.

We recognized the high incidence of cervical and breast cancers in the Northern Andhra region. These are highly preventable and treatable malignancies. Accordingly, we launched the Women's Health and Cancer Screening and Treatment Project in December 2016. With active participation of the Department of Gynecology and the Department of Pathology, the project took off. They performed nearly 2000 cervical cancer screenings by Pap test in the first year alone. In 2018, we hope to extend the same screening program to Victoria General Hospital, while also concurrently initiating a breast cancer screening program at KGH.

We are installing an ultra-modern 3D Mammography (tomosynthesis) unit with stereotactic biopsy equipment this July/August in our Department of Radiology at KGH under

the able guidance of the superintendent of KGH, Departments of Radiology, Gynecology and General Surgery. This is very much needed to enhance our efforts under Women's Health Initiative and Cancer screening and treatment at KGH.

The following projects are in progress and are being undertaken individually by my classmates: Renovation and upgrading of the department of Pathology building, Renovation and upgrading of the department of Pharmacology building and upgrading and building Labor & Delivery area with new waiting room and surgical theater.

A government teaching hospital cannot provide all the necessary resources due to insufficient funds. No government can afford to give all the equipment needed to deliver quality care. The Alumni community, large corporations and faith based organizations should come forward to fill the necessary gaps. We have made the noble profession of Medicine as our career, and we seek to make a difference in people's lives -- particularly those who are poor and downtrodden.

Do not refuse to treat a patient for lack of ability to pay. Our profession is as noble as we all make it to be. Please "Help the Helpless".



Women's Health Initiative: Gyn OP room for pap smears

Helping the Alma Mater:

AMCANA: History, Progress and Contributions to AMC, 1981-2018

-Sriram Sonty, class of 1963

In this detailed essay, I present an overview of the 37 year history, progress and contributions of AMCANA to AMC, KGH and Visakhapatnam as well as the organizational evolution of our alumni association. I have been privileged to be part of this endeavor from its beginning and it is really gratifying to see its growth and its increasingly important role in strengthening the service, education and academic mission of the Andhra Medical College and KGH.

Due to the limitations of space, several details had to be omitted and due to the passage of time, errors may have crept into the information presented. This is open to correction. Please let us know.

Beginning: Alumni gathering at the time of the 1981 TANA (Telugu Association of North America) meeting in Chicago agreed to start an organization to bring alumni together and to help Andhra Medical College, our alma mater. The Andhra Medical College Alumni of North America (AMCANA) was established and registered in 1981 after the Chicago meeting.

AMCANA Logo: "Arogyame Maha Bhagyamu"

Theme: "Maanava Sevaye Madhava Seva".

Vision: To facilitate Quality Education, Quality Healthcare, Quality Living, Quality Fellowship and when possible Quality Research at AMC/KGH Institutes

Mision: To facilitate the above goals and objectives with member participation and improved fund raising in collaboration with sister organizations like AMCOSA

First Executive Committee: 1981

Dr. Jayanthi VS Subbarao, President

Dr. Bhogaraju Kesavakrishna, Vice-president

Dr. Susarla Viswanadham, Secretary

Dr Sonty Sriram, member.

About the same time, in the New York area Dr. Bangaru Sudhakar Babu & Dr. Kairam Rammohana Rao also started putting together an Andhra Medical College Alumni in North America. These two groups of organizers collaborated.

Presidents of AMCANA: are listed separately.

Selected Highlights:

-1989 Dr K. Thryambaka Sarma initiated Life Membership.

-1991 Drs Modi and Prabhavathi Gudhe created the First AMCANA Directory They raised donations in the Name of Dr K.Brahmananda Nehru and kept in CD form in Visakhapatnam along with Mrs Purna Nehru.

-1993 Dr Cherukuri Subbarao printed an Updated AMCANA Directory with help from AMA.

-1995 Dr Emandi Venkata Rao became president and along with Dr Ganti Sarada raised funds \$ 5,000 to facilitate Air Conditioning of the New AMCOSA Building

-1999 Dr. Sonty Sriram became President. Per request of the AMC Principal Dr. K. Venugopala Rao, Dr. Sriram Raised \$ 6,000 towards annual subscriptions to 16 International & National Journals

-2001 the First AMCANA Newsletter was mailed and Website www.amcana.org was established. IRS status was clarified

-2001 Dr. E. Peda Veerraju was requested to collaborate and facilitate AMCANA activities with the Health Care Trust, Visakhapatnam, Andhra Medical College and King George Hospital.

-The Landmark event in AMCANA history happened with a grand donation of \$ 55,005 by Drs. Annapurna & Jogi Pattisapu towards Library (\$ 25,001) Internal Medicine (\$ 10,001) Pediatric Surgery (\$ 10,001) & Pediatric Neuro Surgery (\$ 10,001)

-The Other Major Donation is by Dr Rednam Krishna Rao, \$ 20,000 towards Eye Surgery Equipment to Dr. Rednam Suryaprasada Rao Regional Eye Hospital.

-2005: 501(c) 3 organization.

AMCANA ACTIVITIES in support of AMC/ KGH and Visakhapatnam: 2000-2018

1. Journals Subscriptions
2. Electronic Library
3. Internal Medicine Library
4. Neurosurgery Library
5. Neurocon Conference
6. ISGCON Conference
7. Ladies Hostel Renovation
8. Ladies Hostel Recreation Room Renovation
9. AMCOSA Bldg Air Conditioning
10. Dr S. Balaparameswara Rao Library
11. Maintenance of AMC Electronic Library
12. Journals Donations to Regional eye Hospital from Afzal Ahmad MD Midwest Eye Center Facilitated by Sriram Sonty with Donations from Drs. Rednam Krishna Rao, Sudarsan Chavala & Sai Gandham
13. Donation of Eye Bank Specular Microscope by the class of 1966 Other Alumni to Moshin Eye Bank, Visakhapatnam
14. Upgrade of Teaching Equipment Computers & LCD Projectors in Lecture Halls.
15. Restoration of Gym and Recreation areas in the La-

dies' Hostel

16. Revival of Major Ebden Cricket Tournament.
17. Renovation of Bath Rooms in the Ladies' Hostel.
- 18 Renovation of Recreation Room in Men's Hostel.
19. Ultrasound Equipment to Casualty Department.
20. Medical Financing to a Medical Student.
21. Scholarships (4) to needy Medical Students.
22. Donation towards a Guest Room in the New AMCO-SA building by 1962 Batch
23. Upgrading Teaching Tools in the Pathology Department, by the class of 1987
24. Dr C.Vyaghreswarudu Medical Library with Computers in the Orthopedics Department
25. A Seminar Hall & Library in the New Specialty Block.
26. Other ERoom Equipment.
27. Blood Chemistry Analyzers
28. ACLS & BLS Courses.
29. Habib Hepatitis –B Vaccination Project,
30. Hud Hud Relief Work Renovation of Library, Men's Hostel, Women's Hostel & Post Graduates' Hostels.
31. Pediatric Ward Equipment Upgrades for Neonatal & Pediatric Care.
32. Neuro-Trauma center / Emergency departments. Traumatic Brain Injury Project
33. Cancer Screening
34. Dr Sonty Sriram Glaucoma Lecture @ APOS
35. Dr T.Raviraju Lecture Fund.
36. Pathology Department Lab Equipment
37. Drs. Ravi Sarma & Seshu Sarma Pathology Block Renovation Fund .
38. AMC CAB (Andhra Medical College Centenary Academic Block (2023) Fund.

Major Contributors are listed separately.

AMCANA's donations From 2001 to 1/2018:

Total Income: \$ 868,523
AMC/KGH Projects: 422,498
Other Projects through AMCANA : 66,004
Convention, Fellowship & Admin. : 37,719

AMCANA Biennial meets:

1981-2009 Held in conjunction with TANA and other conferences.

2010: First AMCANA conference, Orlando, Dr. Sudhakara Babu Bangaru, President.

2012: Second conference, Chicago

2014: Third conference, New Jersey

2016: Fourth Conference, Orlando

2018: Fifth Conference, Las Vegas, Dr Prasad Chalasani, President

AMCANA Honorees: are listed separately.

AMCANA was started as an organization by a group of enthusiasts who wanted to give back to their alma mater. During the past nearly four decades, there has been a lot of growth which is reflected in the tremendous support to our beloved AMC and KGH. A major milestone will be the centennial celebrations in 2023. AMCANA has committed 1.5 million dollars towards the CAB project. I am hoping that all of us participate in this philanthropic venture to support AMCANA and AMC.

It has been an honor and privilege for me to be part of this wonderful organization.

PRESIDENTS OF AMCANA

Dr. Subba Rao Jayanthi, Chicago,1981
Dr. KV Rao, New York,1983, 1985
Dr. Kurella Tryambaka Sarma, Indiana,1987
Dr. Gaddam Dasaratharama Reddy, New York1989
Dr. Gudhe Modi, Oklahoma,1991
Dr. RVVS Murali Krishna, Oklahoma,1992
Dr. Cherukuri Subbarao, Ohio,1993
Dr. Emandi Venkata Rao, Florida,1995
Dr. Sriram Sonty, Chicago1999, 2001
Dr. Ramamohana Rao Kairam, New York2003, 2005
Dr. Sudhakara Babu Bangaru, New York2007, 2009
Dr. Rajagopal Nandyala, Oklahoma2011, 2012
Dr. Mallareddy Maddula, California2014,
Dr. Prasad Chalasani, Florida2016,
Dr Uma P. Penugonda, President Elect,2016

AMCANA Liaison Committee

Dr E Peda Veerajulu

- Former Professor and Head – Dept of Gastroenterology, Vice Principal, AMC, KGH, Visakhapatnam
- - He is originally from E Godavari Dt, however has spent most of his adult life In Visakhapatnam, hence his strong ties towards AMCOSA and AMCANA
- He is MBBS graduate of AMC - 1972 batch, did his MD – General Medicine at AMC, DM – Gastroenterology at Osmania Univ.
- He serves as Asst prof of Medicine, AMC, 83-85,87-92, and Professor of Gastroenterology – 1992, and as Vice Principal, AMC - 2007
- He started the Dept of Gastroenterology, at KGH, in 1988, and then started the DM Fellowship Programme in Gastroenterology in 2002, trained several fellows in Gastroenterology – who are currently serving in different districts of AP
- In all of the above Leadership capacities he has excelled, and particularly in the field of Gastroenterology – he conducted Updates in Gastroenterology, Hepatology and Therapeutic Endoscopy- 2002, National Conference of Indian Society of Gastroenterology-2005
- He took Voluntary Retirement from Govt service in 2008, but continues to be active in the medical community and AMCOSA, working as Liason between AMCANA and AMCOSA and AMC /KGH
- He established the fully air – conditioned, 24hour reading, electronic – AMC Central Library Department Libraries of Orthopaedics and Medicine and worked towards improving the facilities of AMC Mens and Ladies Hostels. He established the 'Dr Peda Veerajulu Gold medal in Investigative Medicine in AMC for 'Best Research Paper', and construction of the AMCOSA Platinum Jubilee Auditorium
- His Community Service and Philanthropic works projects include Community Park- in Pandarangapuram, Pradhama Hospital, Renovation of Panduranga Temple and Community Hall / Library in his village Vakattippa



Vizag- in fact several of you may know of his father – Sidanathi Varahalu- a International Soccer player.

- He is a graduate of AMC – 1981 Batch, and subsequently obtained his Diploma in Tb and Chest Diseases, and then MD – General Medicine from AMC.
- He has several Leadership roles as API secretary – Visakhapatnam Branch, has several Publications and is a Trained Investigator for Asthma, COPD, Diabetes, Medical Oncology
- He has played an important role as AMCANA Liaison for AMC/KGH- for Student Academic Support and Renovation of several facilities -some of the Projects he has played a key role are – Renovation of the Ladies Mess Hall – which is now a well-ventilated hall with 12 steel tables and has a seating capacity of 72 students.
- He and another classmate of ours – Dr KAV Subrahmanyam – together helped in renovation of Biochemistry lab Facility and the Seminar Hall

Dr K Ramamurthy

- -Dr. K. Rama Murthy, MD, General Medicine. Executive Director, Pradhama Hospital, -Secretary AMCOSA.
- -Liaison between AMCANA and AMC
- M.B.B.S. M.D., (internal medicine), both from AMC visakhapatnam, multiple gold medalist. Consulting physician in

vizag since 1984. Executive director : 600 bed Pradhama hospital Trained in Sonology and echocardiography. Vast experience in bed side procedures

Academic activity :

Speaker on several occasions to various academic programs

Through : API , IMA , and for DGM (doctors group meeting)

Married to

Mrs. Varalaxmi

two sons

One: Cardiologist

Second: Gastroenterologist

Both are married

Daughters in law:

Elder: Dermatologist

Younger: hepatologist (DM)

Dr S Narsinga Rao

- Currently Assistant Professor – General Medicine – AMC/KGH.
- He is a native of Visakhapatnam – born and raised in

AMCANA Past Honorees

2008 AMCOSA Global Meet Academic Honorees:

Dr. Sreenivasa Moorthy S,
Dr. RVSS Muralikrishna,
Dr. Radha Sarma

Past Presidents:

Drs
Jayanthi V Subbarao,
Kurella Triambaka Sarma,
Emandi Venkatrao,
Sriram Sonty,
Rammohanrao Kairam

Major Donors:

Drs
Annapurna & Jogi Pattisapu,
Kavitha Pinnamaneni,
Uma & Bapanaiah Penugonda,
Ramalaxmi Yerramilli,
Rajagopal Nandyal

2010-Orlando:

Academic and Service contributions:

Drs:
KKN Acharyulu
Bhavaraju Subbarao (India)
Dundi Vijay Kumar (India)
Seshu Sarma
Seetharamayya Nagula
Mangaraju Kolluru

Meeting Organizers:

Uma Penugonda

2012- Chicago

Academic honorees

Drs
GVRK Sharma
Radha Sarma
RVSS Muralikrishna

Gavarasana Satyanarayana
Satya Narayana Reddy G

Meeting Organizers:

Drs Sriram Sonty and Sudha Velamati

Chief Guest: AAPI Past President,

Dr Gopal Lalimalani

2014- Iselin, NewJersey

Academic honorees

Drs.
Rao R.Ivatury
Sridhar Chilimury (Brand Ambassador)

Community Service

Dr Sreerama Murthy Vuppala

Meeting Organizers:

Ramalaxmi Yerramilli,
Rammohan Rao Kairam &
Mallik Kalepu

Chief Guest:

New Jersey Congressman
Mr Upendra Chivukula

2016- Orlando

Academic honoree:

Dr. Ganesh Konduri

Community Service (as the rising STAR)

Dr. Hima Bindu

Meeting Organizers:

Dr Srinivas Tammineedi and
Dr Manikumar Bheemarasetty

Chief Guest: AAPI President Dr Ajoy K.Lodha

(Compiled by Dr Sriram Sonty.)

The new Emergency Medicine Dept. of KGH



It took more than ten years. Finally the new EM department has replaced the old Casualty unit in KGH. It has now its own dedicated staff with residents and junior staff along with nurses working 24/7 in eight hour shifts. I have now confirmed with the EMR company a dedicated EHR will be installed shortly, along with a maintenance contract.
-- Rammohan Kairam (64).

AMCANA Honorees in 2018

LAKSHMI DURISETI MD,

Pediatrics, AMC class of 1963 (MBBS) 1971 (MD)

- Private practice of Allergy, Asthma and Immunology, CA
- Member, American Academy of Allergy Asthma Immunology
- Residency, Pediatrics, University of Chicago Hospitals & Clinics, 1972-74. Chief Resident, 1974-1975.
- Fellow, Adult & Pediatric Allergy, at the University of California, Irvine, 1976 to 78.
- Assistant Clinical Professor Allergy & Immunology University of California, Irvine 1980-1998.

HONORS --AWARDS --AND GRANTS

- Best outgoing Student in Medicine (1969)
- President of India Medal for National (1969) First Rank in medical school
- Recognition Award by Pfizer Medical Corporation (1969) and Pfizer Medical Company Grant (1970)
- Orange County Lung Association UC Irvine Grant (1977-78)
- American Academy of Allergy Grant UC Irvine (1978) (Schering and Boehringer Ingelheim Corporations)

Community Service :

- TEACHING /TRAINING Voluntary Community Service projects HEALTH CARE VOLUNTEERS Global Service Organization, (2002- 2008) Free Medical Camps, USA and INDIA
- Conducted and participated in patient education programs sponsored by regional hospitals.
- Participated in medical camps for children, sponsored by the American Lung Association.
- Promoter and supporting Physician for Better Breathers Club and Breath Mobile.
- Participated in health fairs and screening programs for Southern California's medically underserved.
- Volunteered medical expertise at the Sri Sathya Sai Medical Organization in India.
- Organized and seeded medical camps in Southern California aimed at agrarian and migrant worker populations.

TRANSITION FROM VOLUNTEERING PHASE OF CAREER TO USA PRACTICE

Starting in the Year 2003, I was inspired by the principles of Global Initiative in Asthma care to effectively reduce the morbidity and mortality from Asthma in developing countries. Also in the Year 2003 I had a unique opportunity to join hands with several physicians from USA and around the world to be part of the team and participate in rendering care in setting up a State of the Art Medical Facility. We launched



an Allergy Asthma Education Program with Peak Flow monitoring, effective prevention and self-management techniques coupled with optimal medication and environmental control. We supplemented the above program with "Out Reach medical care" with State of the Art mobile Hospital System. Within 3-4 years, the program developed into a well-organized and

self-sufficient/sustaining system.

Dr Sarvalakshmi Duriseti is being honored by AMCANA for her community service through the Sathya Sai Foundation Health services in India and for her commitment towards the Andhra Medical College Centenary Academic Block (AMC-CAB 2023) Project.



Punyamurtula S. Kishore, MD, Class of 1967. MPH, Harvard School of Public Health.

- Founder of Preventive Medicine Associates (PMAI), Addiction Medicine Associates (a teaching and training arm of the American College of Addiction Medicine), and the

National Library of Addictions.

- Diplomat of American Board of Addiction Medicine.
- Member, American Society of Addiction Medicine (ASAM)
- Distinguished Fellow to the American Society of Addiction Medicine, elected in 2010.
- "Heroes Among Us" award, 2004 by the Boston Celtics.
- National Compassionate Caregiver Award, Honorable Mention, The Schwartz Foundation.
- He came to the US in 1977 and settled in Boston, Massachusetts. Married to his classmate from AMC Sheela Gurbani, Class of 1977. The couple have two daughters.

Kishore has been a practicing public health scientist for forty years. He began his medical career as a primary care/family practice physician and later became medical director of the Washingtonian Center for Addictions, founded in the mid-1800s in Boston. It was the first organization in the U.S. to recognize addiction as a disease. Its philosophy was an early precursor to the AA or 12-step program movement.

His principles of Primary Care based solutions to addic-

tion treatment were presented at the National Institute of Drug Abuse, “Blending Addiction Science and Practice: Evidence-Based Treatment and Prevention in Diverse Populations and Settings” Conference in Albuquerque, New Mexico in 2010 and garnered recognition as the new and emerging “Massachusetts Model of Addiction Treatment”.

Dr. Kishore treats those addicted using his “sobriety maintenance” method which stresses the prescription of non-addictive comfort medicines for withdrawal management, provides patients with coping skills needed to remain sober and tailors treatments to specific medical conditions using the constructs of Community Oriented Primary Care (COPC) and Community Responsive Care (CRC). The key elements of the practice are close alliances with local stakeholders in the community, including elected officials, churches, drug courts, and housing organizations. He also administers “de-addiction” treatment, a process that treats long term emotional addiction as well as the physical addiction.

Kishore was a faculty member at Harvard and also at the University of Massachusetts. He holds a Certificate in Forensic Psychology from Bridgewater State University. His story pertaining to the genesis and development of the de-addiction treatment model for opioid dependence, is told in an upcoming documentary film, Hero in America. An accompanying book will also be published.

Dr. PS Kishore is being recognized by AMCANA for his fight against Opioid Addictions.



P. Ravi Sarma, M.D., F.A.C.P.
(AMC Class of 1966)

Private practice, Hematology and Medical Oncology, Atlanta, GA

Seshu P. Sarma, M.D., F.A.A.P.
(AMC Class of 1969)

• Associate Professor, Ob/Gyn. Morehouse School of Medicine, Atlanta, GA

- Active interest in philanthropy, arts, culture, education and religion.
- Ravi, Founder and former chairman of the Indian American Scholarship Fund
- Seshu, current US vice president of Sankar Netralaya OM Trust and Founder of Upahar, a Service Initiative of the Hindu Community GA. building homes with Habitat for Humanity

AMC/ KGH/ Vizag area services work:

- Renovation of the Pathology block, AMC in memory of Dr PV Jagannatha Rao, slated to be completed in 2019.
- Mohsin Eye Bank (Dr AVN Chetty)
- Lions Cancer Center, founded by Dr Gavara Satyanaray-

ana (Dr. Satya)

- Class of 1966 projects, AMC and KGH (Dr Seetaramayya Nagula)
- Dr. P. Brahmayya Sastry annual oration, AMC (1991-96, Dr Ravi Raju, coordinator)
- Patron, Bharati Teertha, Chigaco based organization, working in India, in areas of clean water supply and health care. --Bhagavatula Charitable Trust (BCT) 2007-present. (Via VIBHA) Funded High School/Hostels for Girls in rural and tribal areas near Yelamanchili.
- Funding: Old age home, Seeta Nagaram, E Godavari, Dt. and Vipanchi, Old age home, Rajahmunday
- Bhutanese Refugee Families Resettlement Project, 2007- (SEWA-BRE program, Swadesh Katoch, coordinator.)
- Olympic Torch Bearer
- 1996 Centennial Olympics, Atlanta, in recognition of commitment patient care and cancer research

Honors:

- 25 Most influential Asian Americans in Georgia, 2015 (Ravi) 2012 (Seshu)
- Life Time Achievement Award in Medicine and Philanthropy, ATA, 2012
- GOPIO (Global Organization of People of Indian Origin): Honoree, Philanthropy and Service, June, 2011
- Who is Who Among Indian Americans in Georgia, Atlanta Dunia, July, 2009
- Life Time Service Award, Telugu Association of Metro Atlanta, 2007
- President, The Hindu Temple of Atlanta 2007-08
- Chairman, BOD, Indian American Cultural Association, Atlanta, 1983
- President, Telugu Association of Metro Atlanta, 1983

Seshu Sarma is a writer, director, producer, classical dancer and a Veena artist. Her ongoing efforts include promotion of classical arts. She was honored by many local and national organizations, including AMCANA in 2010.

The Sarmas been long term residents of Atlanta. They have three children and two grandchildren.

Drs. Ravi and Seshu Sarma are being recognized by AMCANA for their philanthropy, religious philosophy, medical scholarship and love and affection towards our alma mater . They are renovating the Pathology Block in honor of Professor P.V. Jagannadha Rao garu. 2019 also happens to be the 50th year Seshu's class of 1969.

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హల్లో డాక్టర్ (మెడికో సాంగ్)

ఎందరో మహానుభావులు ఆహా... అందరికి మా వందనాలు ఓహో...

మందుల విందుల మందిరాల అభివందనాలు వావా...

మా వందనాలు అందుకొని అమందానంద కందళిత హృదయారవిందులై, అంటారా హల్లో డాక్టర్ అని (2)

హల్లో డాక్టర్ అంటారా మెడికో కథనే వింటారా (2)

డాక్టరు బిరుదుకి వెనకాల మెడికో కథలు చాలా చాలా... (2)

మెడికోబాధలు చాలా చాలా, హల్లో డాక్టర్... హల్లో డాక్టర్... హల్లో డాక్టర్... హల్లో డాక్టర్...

నా మెడికో బాధల నాందీప్రస్తావనం డాక్టర్ బిరుదుకి మహాప్రస్తావనం ఆ...

అయ్యో నాబాధల గాధ ఎలా మొదలయిందయ్యా అంటే ఆరే ఎలా మొదలయింది?

తొలినేజేసిన పూజాఫలమూ మెడికలు సీటై వెలసిన వరమూ

నేపడిన కష్టానికి కిట్టుబడి రాబోవు కట్నానికి పెట్టుబడి (2)

మెడికోనై కులాసాగా విలాసంగా చేరిన అనుభవం

సీనియర్స్ కి గులామునై సలాము చేసిన పరాభవం

ఇంతలో గోరుచుట్టువలే Bi.PC., రోకలిపోటు Left Right NCC (2)

ఈ విధంగా సతీసక్కుభాయి అత్తారింట్లో కష్టాలు పడినట్లా... అయ్యోయ్యో...

మొదటి సంవత్సరం అయ్యిందనిపించగానే, కరువులో అధికమాసమన్నట్లు. అన్నట్లు

ఆర్గానిక్ కెమిస్ట్రీ (COOH, COOH, CHOH, COOH) (2)

కప్పలన్ని పట్టి ముప్పతిప్పలుపెటి (ఆ) (2)

కసితీరకోసి రాసిరంపాన పెట్టి ఫిజియాలజీ, అభ్యసించి హా... అభ్యసించి

విటమిన్లులోపించకుండా, బయోకెమిస్ట్రీ భోంచేసి (2)

దిక్కులేని శవాలన్ని ముక్కముక్కలుగ చేసి, చేఇ... ఎముకన్ని ఏరి పొడిచేసి, పిడివేసి (2)

ఇంతకిందామీదపడ్డా ఒక్కసారైనా మజిలీతప్పదుగురూ... అయ్యో మజిలీతప్పదా...

తారాచంద్రులు తాడునిచ్చిన మెట్టు మెట్టుగా నిచ్చెనెక్కిన

దండమెట్టి బెంకాయ కొట్టిన కొండదాటుట దైవాదీనం ఆ దైవాదీనం

ఏడుకొండలవాడా వెంకట రమణా గోవింద గోవిందా (2)

ఇలా గోవిందా గోవిందా అనుకుంటూ మొత్తానికి కొండదాటేడండి

హమ్మయ్య దాటాడా! ఏలా దాటాడండీ? ఏలా దాటాడంటే మహారాజులాదాటాడండీ

రాజువెడలె రవితేజములలరగ కుడిఎడమ థాల్ కత్తులు మోయగ (2)

రాజుగారు.. .. రాజు గారు.. .. మహారాజుగారు.. వేంచేస్తున్నారహో ఆహా! రాజుగారికి ఏంఠీవి!

మెడలో స్టైతస్కోపుర స్టైతస్కోపుర చేతిలోనీహేమరు నీ హేమరు జేబులో పెన్టార్పిర, పెన్టార్పిర

మెడలో స్థితస్కృపుర పై చేతిలోనిహేమరు పై జేబులో పెన్టార్చిర పై
 స్కృపుర పై నిహేమరు పై పెన్టార్చిరపై భళరో భాయి తమ్ముడా మేలు భళరోనోయి తమ్ముడా (2)
 తళాంగు తధిగిణతోం శ్రీమద్రమారమణ గోవిందాహారి ఏడుకొండలవాడా వెంకటరమణ గోవిందా గోవింద
 ఒక్కక్షణమైనా విశ్రాంతి లేకుండా, అయ్యో విశ్రాంతి లేకుండానా, అప్పుడే మొదలైంది గురూ
 ఫార్మకాలజీ మధుర భాషన, మిశ్రీగ్రాముల మందువాసన
 బాక్టీరియాలు పారసైటులు నాపాపానికి పరిహారాలు మాపాపాలకి పరిహారాలు
 పేతాలజీ పట్టానొకపట్టు పోతేపోనీ నెట్టినజుట్టు
 పోతేపోనీ వహూ.. వహూ.. వా.. వహూ.. వహూ.. వా.. వహూ.. వహూ
 ఇవన్నీకాకుండా ఇంకా ఎన్ని సబ్జెక్ట్లు చదవాలి
 ఫోరెన్సిక్ మెడిసెన్ మనకొద్దురా, అది మెడికో మెడలో ముళ్ళతీగరా (2)
 మొత్తానికి ఏది అయితేనేం ఫైనల్ ఇయర్లో పడ్డాంగురూ అమ్మయ్య బాగుందిగురూ
 ఎక్కడ బాగుంది? అన్నీ కష్టలే అయ్యో ఎటువంటి కష్టాలుగురూ
 పాంచాలి పంచపాండవుల్ని భరించినట్లు ఇంకా అయిదు సబ్జెక్ట్లు భరించాలి గురూ
 అమ్మో ఇంకా అయిదు సబ్జెక్ట్లా! ఈ.ఎన్.టి, ఆప్టాల్మిక్ గుండెలమీద కుంపటి
 సర్జరియా, మెడిసినా, గైనిక్సా, హైజీనా (2)
 ట్రైచేయి నీలక్కు (2) దేవుడే మనదిక్కు అదేవుడే మనదిక్కు ఇదంతా అయినా ఇంకా చాలాఉంది
 ఇంకేంమిగిలిపోయింది గురూ అజ్ఞాతవాసం, హౌస్రెస్సీ అనే అజ్ఞాతవాసం మిగిలిపోయింది గురూ
 అయితే ఈ అజ్ఞాతవాసంలో ఏంచేయాలంటావు గురూ
 అల్లా, ఏసూ, ఆదివిష్ణు కనికరంతో డాక్టరు పట్టా సంపాదించాలి గురూ
 అయితే ప్రార్థించు గురూ అల్లా అల్లాహో అక్బర్, ఏసుప్రభువు, ఆదివిష్ణువు
 డాక్టరు పట్టా (2) డాక్టరు పట్టా కట్టబెట్టించెందుకో
 హౌసర్జనునై హౌజర్జనునై వార్డులందు రోగులకు ఇంజక్షన్లివ్వగా
 నానుదుట రాశి పెట్టిరహో, నావైద్య బాట వేసిరహో
 ఇదంతా విన్నాక మీరేమంటారు? హలో డాక్టర్ అంటారా / అంటారా
 హల్లో డాక్టర్ అంటారా మెడికోకథనే వింటార (2)
 డాక్టరు బిరుదుకి వెనకాల మెడికో గాథలు చాలా చాలా... (2)
 మెడికోగాథలు చాలా చాలా, హల్లో డాక్టర్... హల్లో డాక్టర్... హల్లో డాక్టర్... హల్లో డాక్టర్...

Lyrics - By Tahmbu
 (Dr. Chandrasekhara Toleti)

Music - By Dicki
 (Dr. D Krishna Murthy)

Sung - By Batch 63 at Reunion - in Telugu

.... Mana Badhala Gadha Ni Hasya Pooritha Smruthuluga Chesina Ganam

Alumni: The Treasure of Institutes of Higher Education

-Prasad Chalasani, Class of 1981, President AMCANA, 2016-18

Alumnus mean a former graduate or student. The western world has realized the importance of the alumni for the future of the institutions. Every university has an alumni association, and they offer many advantages to their alumni. As a result, alumni contribute to their alma mater as well.

A huge network – especially in this era of social media, it is very easy to keep up with alumni. These networks provide tremendous opportunities for professional growth and also very rewarding social gatherings.

Career service – they help in many ways. Imagine meeting a program director or a boss from your mother institution!

Lifelong university email address, library access, Alumni sports access, role in admissions to the universities and many more.

The institutes need these alumni bodies to propagate the reputation of the institute as well as offer significant funding opportunities. Endowments from alumni constitute a large funding source for scholarships, faculty development programs, starting new academic programs and more advances to keep pace with progress in the educational and sports arenas.

Legacy is a term well known in western universities, and the children of alumni have a bit of an advantage in the admissions process. They use a holistic approach that emphasizes many aspects of the student for admission compared to one examination deciding the fate of the student.

Homecoming week, Alumni week, etc. are the classic

social opportunities for friends to meet and share. These are very popular, and campuses are filled with old and young with a vibrant atmosphere.

I want to share a personal story to keep this in a practical perspective. I went to Emory University for my post-graduate training and fellowships. I was very proud to be an alumnus at Emory and I kept up with the co-fellows and the faculty. Our cardiology department started a new “Hurst, Logue and Wenger society” of cardiology that constitutes all the alumni trained by those great teachers. An alumni representative called me to let me know that she is flying to meet with me and have dinner to discuss this society. We meet every year and see the fellows’ research activities. In turn, I contributed to the Cardiology Department by supporting fellows’ national conference presentations. This shows how the institutes and the future generations benefit from the alumni.

Andhra Medical Colleges has some of the finest alumni around the world dedicated to the alma mater. Our AM-COSA (Andhra Medical College Old Students Association) and AMCANA (Andhra Medical College Alumni of North America) have been in existence for a long time, and they have been supporting various AMC activities and physical structures. In recent years, the role has been vitalized with the help of local administrations, principals and their teams. I look forward to improving the future cooperation of our alumni and our alma mater getting stronger and stronger for the benefit of our college, our budding doctors, our patients and finally for our society.

AMC Ladies Hostel New Dining Hall & Bio-Chemistry Projects: Class of 1981

AMC 1981 Batch mates during its reunion in Jan 2016 visited AMC. Dr.T.Radha who was principal at that time invited us to participate in the developmental activities of AMC. Some of the ladies of the batch visited the hostel and found an opportunity to expand existing dining hall to create a positive dining experience. The Subsequent principal, AMC Dr.P.V.Sudhakar, gave a formal request to our batch to construct a New Dining Hall. Our class promptly responded and started construction of new mess hall and completed the construction in a record time.

Salient features of New Dining hall:

Carpet area 1350 sqft , Seating capacity 72 members, 12 stainless steel tables, well ventilated, good aesthetics, 9 LED lights and 9 fans, good ambience, Vitrified Tiles flooring, 6 windows (2,3 and 4 doored), 10 feet high walls, enamel painting, wash basin with three taps.

The class of 81, dedicated the New Dining Hall to the memory of one of our classmates Dr. Vaddadi Srinivas, Prof. of Medicine, AMC/KGH who passed away recently.

The New Dining Hall was inaugurated on 09 Apr 2018 by Govt of A.P, Human resource development minister Mr. Ganta Srinivasa Rao in the presence of Principal, AMC, Dr.P.V.Sudhakar and Superintendent, KGH Dr.G.Arjuna.

Many of our classmates attended the grand inaugural function. The cost of the project was 10 lakhs (which was a good bargain by all means for the facilities provided) was met from the contributions from the classmates.

The hostel students are very happy for a better dining place and now it is being used to the best advantage.

Biochemistry Project:

AMC 1981 classmates spent another 1.5 lakh rupees in the renovation of lab facility and seminar hall in the department of Biochemistry, AMC during the same time.

Dr.K.A.V.Subrahmanyam and Dr.S.Narasinga Rao (NAVEEN) supervised the entire projects and mobilized the class for contributions. This is a true reflection of our commitment to our mother institution by Alumni.

What does Andhra Medical College (AMC) mean to me?

-Vijayalakshmi Voruganti Pratha, Class of 1981

As we come upon the college reunion I ask, what does this mean to me? I know I am excited about meeting my friends and the day of the class reunion is a predictable event at this point, this being the third such event for me in the last 2 years. However, here we have a college wide gathering and judging from the names I see on what's app boards some of these people are over 20 years our seniors.

The only connection I have with most of them is that we attended the same medical school - albeit at completely different times. Curious about why this organization existed, I decided to check on the actual charter for the organization. What did the founders intend to achieve with the formation of AMCANA?

The website says the vision is to "To facilitate Quality Education, Quality Healthcare, Quality Living, Quality Fellowship and when possible Quality Research at AMC/KGH Institutes"; and the mission is to do so through member participation and improved fundraising. Again, going off the website, just over \$700,000 raised over the 16 years of the life of this organization meaning around \$44,000.00 per year as a collective total from all the past students of the college for whom North America is a home today. Since I have no way of knowing the denominator, I figure the annual contributing average is just around \$200 per past student per year. Not a large number and definitely less than what most of us spend on a good cup of coffee in a year, and surely less than most important things in our life today.

I had heard about AMCANA over the years, but not until my classmates got involved did I show any desire to know more. This is the first time I will actually be attending and even though I have donated small amounts in the past, I am definitely in the majority of the old student body of AMC who has shown little if any interest in my alma mater.

As our class was asked to contribute articles however, I thought why not write about my lack of interest? Where does it come from? And am I in the majority or the minority? What lessons are there to be learned from all of this?

Perhaps I should start at the beginning. I was never interested in medicine - a fact, well known to all my close friends. In fact, if I were to list what AMC means to me, the first and most important benefit I have is the lifelong friendships I formed during the time I spent there. This is the place where I met the people closest to me in my life today. Unlike most of my peers, I did not join medicine with lofty goals. In fact, I had no idea what a medical career would look like and frankly throughout most of my time at AMC, I never really pondered about the future. Medical school for me, was altogether too

much fun, interspersed with periods of serious cramming, not for knowledge but to clear the exams, and with a sense of vanity typical of me at the time, to do well without putting in too much effort. What spurred me on was fear of failure more than a desire to learn. But, learn I did.

Life in the preclinical years was more predictable and orderly. The basics were aptly well emphasized and the first two years at AMC functioned very similar to the last two years of high school or junior college. Once the clinical years started, individual experiences varied greatly and as we neared the end of our medical school training, our interactions were within the cliques we belonged to rather than as a class. Most of the actual education during the clinical years passed in a daze. For me, those were the years where the extracurricular activities predominated both in terms of the time spent and the lifelong memories formed. Attending weekly teaching Professor Rounds, hanging on to every word they said, and marveling at the depth and breadth of their knowledge was an overstated experience often culminating in us students out in the periphery of the group craning our necks trying to catch what was said. As much as the nerd in me was blown away by their command of the subject, I never once recall aspiring to be like them. The senior attending physicians who were good teachers were well known and their bedside instruction was highly sought after by all of us. AMC had numerous wonderful teachers like Dr. Mastan Rao, Dr. Gnaneswar etc. whose remain legendary teachers for us. Teachers who appealed the most were the erudite and scholarly ones, who were logical and analytical and at the same time interested in conveying concepts rather than reeling off the textbook. They taught in small groups and this allowed for one-on-one interaction that left a lasting impression. For me, these were the young post graduates who took special interest in us during the clinical years, and the young attending staff physicians such as Dr. Ramanarasimham, Dr. Raviraj, Dr. Sarojini and Dr. Peddaveeraju. Surgery was definitely the more appealing discipline for the obvious reasons of actually being able to help the patient while in the medical wards there appeared to be a lot of pontificating with very limited real therapeutic options. The practical year of working in the various wards in the hospital as a house surgeon was really a time punctuated by how to get our work done post haste and hang out with friends. During the day were the hours spent in the cafeteria drinking endless cups of delicious coffee, and in the evenings our spending time as a group in casualty or in the wards, all the while trying to advance our clinical skills at every chance we got

AMC and KGH were therefore, a close a second home

to me in those years. Maybe because I was a day scholar and went home each night, despite this, my life did not revolve around the college. For those friends who lived at the hostel, these years were a time of complete immersion into the medical college experience and I think as a result their attachment to AMC might be a little stronger. This magical period of learning and spending time with friends without a care in the world came to an end, all too quickly, for some of us. Life, as it often does, intervened taking each of us in different directions and everyone began in earnest preparing for higher education with all the challenges it brought in its wake. The next two decades marked major changes in every aspect of life, personal and professional - a time of rapid expansion, where life became increasingly complex. When I look back on this time, I see myself as the proverbial hamster, on the wheel that spun faster, the faster I ran.

During this period, other than occasionally stopping by the hospital and college on short visits home, my connections to AMC were in name only - in the numerous applications I completed for post graduate training, fellowship programs, licensure and on my resume. This was a period of relative isolation from the AMC family of friends as well. Not until what's app took off 5 years ago did AMC become a daily feature of my life. The AMC 1981 class group started on what's App by classmates brought us all back into each other's life in a much closer way than ever before. The class reunions, the constant chatter on the group and the personal tidbits that were shared on this forum suddenly made everyone so much more real to me.

The creation of this messaging forum coincided with the natural contraction that marks most of our lives at this time. All of us are well established professionally and most if not all career aspirations have been well fulfilled. The competitive edge that drove us relentlessly in those years has dulled and with grown children leaving the nest to make their own lives, the demands on our time has predictably dwindled.

So why has AMCANa not been a bigger part of our lives? Like most organizations of its nature, I suspect the donations have come in large amounts from few people, with majority of the eligible members yet to contribute. I have watched classmates go out of their way to meet one another when a classmate comes into town. I have seen faces light up when talking about their college days and with a passion not understood by others, I have seen many of our group, plan and organize future meets with ever increasing class participation. There is clearly a strong desire within most of us to reconnect to people from this time in our lives. Why then does the alma mater not always inspire the same level of passion and desire? For myself, I recognize that my disconnect with AMC was a natural result of my disconnection with myself. In the inter-

vening years of career and home building, I lost connection to that part of me from where it all began. Even though my love affair with medicine started after I moved to this country, I realized how valuable my time at AMC was, and how stable a foundation my education there provided, allowing me to seamlessly integrate into the US medical system. And this was just the intellectual benefits of a heavily subsidized, quality education that was provided to me there. Not until much more recently have I seen the other subtle and emotional facets of my time there.

With a clarity that was absent in other areas of my life, I knew from the moment I entered AMC that I would not practice medicine in India. As I worked in the wards, and the OP departments, I never felt I could connect to the people whom we treated there. Perhaps it was because as a student, I was never directly responsible for any particular patient and therefore never actually felt connected to the care delivered. I was in my own bubble, without the grounding that living life brings. In my career, my growing interest in healing rather than treating or curing disease and the real reasons people become sick have greatly shifted what qualities I have sought to develop within myself. As a natural consequence of this, as I became more human and heart centered in my years here, I now see things I did not notice before. Now when I visit Visakhapatnam and I drive through the gates of the college, I am often reminded of my early days there and each trip has brought fresh memories back - memories buried away deep in the recesses of my mind that have not been revisited for decades. But, what I am also increasingly sensitive to is how little options most people who are treated there have, the challenges my colleagues there face in delivering quality care, and the overall level of pain in the people gathered outside the wards waiting on news on their loved ones. I now realize that I always saw these things but never let myself feel the full depth of the pain it caused. My time at AMC therefore taught me indirectly to care, and as always happens, I now see why I would rather serve the low and middle class than the rich and entitled in America.

Most of us were in our teenage years when we entered AMC. Most of our life prior to medical school was spent with our heads in textbooks studying for the intensely tough competition we faced to make it there. How many of us had time to develop the qualities that really make an individual a human? We lived life through a strongly developed intellect and for the majority of us, the price we paid is a definite disconnect with our heart - its desires, passions and emotions. Perhaps, it is this lack of connection to ourselves that prevents our connection to others. And, after all, it is this connection to others that heightens our fondness for the institution that fostered the bond.

Research shows the most important reason why people give is the natural altruistic tendencies within each of us. It just feels good to help those in need. Other important factors include trust that the money will be spent in a meaningful way and a personal ability to relate to the cause. All of us understand the tax implications as an incentive but may not think of AMCANA as a potential recipient during year end planning because our connection to AMC has yet to be rekindled.

If Visakhapatnam was not your home, and local family connections do not take you there regularly one might never visit AMC after their tenure there. Living in the US, all of us have seen how strong college pride is and how much their college is a part of most of our children's lives. I never really understood any of this initially. But in the last few years, I cannot help but see the parallels. We did not have logos, school colors or mascots but we do carry AMC in our hearts. We spent most of our formative years there and the intense demands of medical schooling threw us in close quarters with classmates during these years- to a far greater extent than in other education disciplines. For some AMC may have been a stepping stone on their career journey to be forgotten once crossed but I feel this would be the minority. Every one of my classmates that I have seen at our reunions seemed down to earth, genuine in their desire to know you and childlike in their joy at sharing time with mates from their youth.

My experience has been that the personal connection to people from that time is what brings the alma mater strongly into focus and the natural corollary of such connection is the desire to support AMCANA's activities.

AMCANA in turn, must find a way to reach the multitude of us scattered around this vast nation – as a whisper at the very least; in our busy lives, despite our age and state of existence, there will be few amongst us who would not respond to her call. Who better than a classmate or a long forgotten college friend to bring AMCANA into your awareness? And what if there was a newsletter that kept any rekindled flame amongst one of us alive? This would be the most natural and effective way to emphasize the web of connectivity that already exists amongst us with the organization at its center. If everyone attending were to pause for a moment, and reflect on their time there, it is only natural for us to want to make AMC as memorable for the incoming students, and touch the lives of the people KGH serves. In fact, as I go into this reunion, it is my desire to kindle a new connection - with at least one other alumnus of my alma mater whom I did not know prior to this meet. In so doing I know I will feel more connected to this organization and what good it will do in years ahead. I also now realize why it is so important to attend AMCANA's meetings and offer my support – my way of giving back to my alma mater that shaped me in so many ways.

కాదేదీ కవితకనర్హం.....

కవితామయమేనోయ్ అన్నీ
కవి 'తా'కే' వస్తువులెన్నో
నవతరాంధ్ర కవులెవరన్నా
దివిలో భువిలో శ్రీశ్రీ కన్నా !

నిన్ను కలిసి దళాబ్దాలు
నీ మనసు నిండా పేద గుండెల శబ్దాలు
నీ కలంలో ఎర్రని ఇంకు
నా గళం నీపేరే పలుకు !

కుక్కవీళ్ల కరిస్తే రేవీస్
గుక్క పట్టి అరిస్తే నో తిఫ్
విశ్వాసంలో మనిషి కన్నా
ఏకోకాన చూసినా తునకం మిన్న !

అగ్ని పుల్ల రాజేష్ట్ర నిప్పు
బుగ్గి చేసే కమ్మరింటి పైకప్పు
చుట్ట కాల్చిస్తే ఆరోగ్యానికి ముప్పు
చుట్టుముట్టు రోగాలని చెప్పు !

గబ్బు పట్టిన సమాజం
దురద పుట్టే శరీరం
బురద తుళ్ళిన వస్త్రం
నబ్బు బిళ్ళే అస్త్రం !

కట్టె, కొట్టె, తెచ్చె
ఇట్టె వచ్చె రామాయణం
కట్టెలెన్ని కొట్టినా
రొట్టె ముక్క దొరకని నైనం !

ఏంరాయనోయ్ అరటితొక్క
జారిపడితే ఎరుగు మక్క
పండు తిన్నదొకడు
పండుకున్నదొకడు !

పొగ రైలు బళ్ళు
పాత సినిమా హళ్ళు
పల్లెటూల్లో బళ్ళు
'బల్లవెక్క'కు ఇళ్ళు !

తలుపుకి గొల్పోం పెట్టు
తలపుల్ని తాళ్ళతో కట్టు
చేరుడోస్తే ఇల్లుగుల్ల
కోరికొస్తే బుర్రడొల్ల !

హారతి వల్లం ఇత్తడి
హారాలన్నీ పుత్తడి
నేరాల భక్తులు వెంటపడ
ఆ రాతి దేవుళ్ళ కంటతడి ! కి

గుర్రానికుంది కళ్ళెం
దారేదైనా వెళ్ళు
కారు చేతిలో ఉన్నా
దార్లన్నీ గోతులేకన్నా !

నా కవితకు స్ఫూర్తి మహాప్రస్థానం
నవయువతను చేర్చే మరో ప్రస్థానం
'నేను సైతం' అన్న మహాకవి నాకిష్టం
'నాకు సైతం' పెన్ను పట్టే అదృష్టం !

- డా. ఇ.పెద వీరాజా

My Journey with AMCANA:

Raja Nandyal, Class of 1965, President of AMCANA, 2010-2014.

My thanks to Ravi and Prasad for giving me this opportunity. At the outset, I should state that I am one of those lucky people who has been associated with AMCANA since its inception. Dr. Jayanti Subba Rao, and our group coined the acronym AMCANA in an AMC Alumni meeting at the TANA Conference in Chicago, IL (May 1981?). I was there with several others, including Dr. Sriram Sonty, who has remained to be the backbone of AMCANA organization. It is not an exaggeration if I say that our organization has survived all these years because of Sriram's relentless commitment and devotion. Later, for several years (in 1990s) I was AMCANA's regional representative for upper mid-west area (Chicago- Wisconsin- Indiana- Ohio). At the tail end of 90s, I was elected as the secretary of AMCANA, and later for a few years, I enjoyed being the Vice President of AMCANA, when my classmate Dr. R. Murali Krishna was the president. During the AMCANA meeting at the Philadelphia TANA meeting, we had an addendum to our by-laws that created a President-elect position. At that meeting, Dr. Ram Kairam was elected as the President-elect, and Dr. Sriram Sonty continued as the President for a second term. Then, I was again given the secretary position. Between 2007 and 2011, I was the president-elect, when Dr. Sudhakar Babu Bangaru was the President. After celebrating our first AMCANA Bi-annual meeting at Orlando, FL in September, 2010, I was elected to be the President of AMCANA, with Dr. Uma Penugonda as our President-elect. We celebrated our 2nd AMCANA Bi-annual Conference near Chicago, IL in September 2012. I had to continue as the President for another term with Dr. Ramalakshmi Yeramilli, as our President-elect, and we celebrated our 3rd AMCANA Conference at Iselin, NJ in September 2014. During my two terms as the President of AMCANA, in addition to celebrating two Bi-annual conferences, I am proud to say that our executive committee released a second set of AMCANA by-laws (first one in 1992), and we also established a Board of Trustees (BOT) team. In addition to that, I was really lucky that we were able to transfer AMCANA leadership (President, President-elect and Secretary) from AMC admission batches of mid 1960s, to those of 1980s. Dr. Sriram from 1963 batch, continued as our treasurer. I am proud to say that I did it right, by selecting Drs. Malla Reddy, Prasad, Mutyala, Sarwabhouma, Nagendra and others for the leadership team. Since then, I have remained as a member of the Board of Trustees of AMCANA.

During the last 2 decades, I have visited Vizag every 1 to 2 years, and I was able to give several lectures to House staff and P.G students of AMC/KGH. I represented AMCANA at the 2008 First AMC Meet as the President-elect, and also at the 2015 Second AMC Meet, as AMCANA's immediate past President. I have had the opportunity to conduct a couple of Neonatal Resuscitation work-shops at KGH. Dr. Peda Veer-

raju, late Dr. Murali Krishna (GI) and Dr. Venugopal (Pediatrics) helped me quite a bit and facilitated my meetings with principals of AMC and superintendents of KGH.

Prior to having Dr. Peda Veerraju as the liaison, my contribution to our alma mater was minimal, limited to subscriptions to Pediatric Clinics of NA for a few years, donation of slide projectors etc. When Dr. Peda Veerraju came on board, as per Dr. Sonty's advice, I donated money for AMCANA steps (from the Panagal Building to the Library, adjacent to the House-Surgeons' quarters). When Dr. Ravi (Cardiologist) requested on faceBook, I was able to pay for establishing the AMC's first Pharmacology Gold medal, in my parents' name. There was a story linked with that gold medal. When I was in 4th year MBBS class, I asked for extra money (100 rupees) to buy more books to prepare for the Pharmacology prize exam. My mother sent me that money, and I spent that money on movies etc, and as you guessed I did not take the prize exam. When I saw that opportunity, I took it, hoping to redeem myself. I have been lucky for being able to help our alma mater for several events financially, including in reconstruction after catastrophes like Hud-hud.

Now, I need your help and support. Please read this carefully. There is no need for any financial support. I am working on a project called "AMC STAR". It is meant to be the project of the AMC alumni, and for the AMC alumni. It has two components. One is building an AMC STAR Website, that is linked to AMC (may be KGH), and AMCANA Websites. On that Website, we will have lists of all AMC Students (all batches) of AMC, since 1923. I want that project to be completed, before the 2023 AMC Meet (Centenary Celebration). I had a few meetings with the last two principals, and the current principal. They are extremely supportive. I am forming a core team, and getting representatives from several batches to help in collecting information about their classmates etc. Just as an example, I will use my classmate Dr. G. Saigopal's name. If Saigopal's family or friends surf through AMC STAR Website (once it is completed), and then looks at the 1965 MBBS Admission batch, he/she can find, Saigopal's entry. Saigopal may decide to enter information based on his liking such as his academic achievements, pictures of his family, his hobbies etc. He has the option to keep that information open to public, or to friends and families only. It is password controlled. Our Oklahoma University students are helping me to build that. As needed, I will support it financially, including for the maintenance of the Website. If I need more help, I can always rely on my wonderful classmates. The second component requires a small space in our AMC CAB building. I am working on it.

Hopefully, my journey with AMCANA will continue for a long time.

Reflections on AMC & our journey to reconnect

- Sarvalakshmi Duriseti, Class of 1963

A trip to Nostalgia now and then is good for the spirit. How else can we discover deeper treasures of memories and enjoy those precious gifts we earned in life.

Each and every one of us had our special experiences at AMC. It is nice to reflect and ask ourselves what matters about our Alma matter? My walk down the memory lane makes me very proud and grateful to be an AMC Grad. AMC is my Mother Institute & it symbolizes my bond to mother land & to my parents. I made a promise to myself while leaving to US that I will return to serve the needy patients who helped me earn knowledge & skill to succeed in Life & Career. It was an inspiration drawn from AMC, KGH.

On a lighter note I rejoice my memories as a 63 Medico as they make me laugh and wonder how many ways I have changed! How different I used to be. Ours was the first batch that went up to 150 students & courses compressed to 5.5 yrs. Most were 16-17 year old teenagers, 50 girls and 100 boys who did not speak to each other, as it was the norm for the early 60s conservative campus culture. We laughed and celebrated our freedom to chat at our Golden Jubilee Reunion in 2013! Many batches shared same professors who were very serious and expected strict silence. But I am still amazed how well some of us girls managed to hide uncontrollable giggling sitting in front rows!

Our seniors Thambu & Vivekanda Murthy made ragging such a fun experience with jokes & humor. I enjoyed extra-curricular activities & many of us were into group singing directed by Dr. Dikki. There were Dances & Fancy Dress fares at the Ladies' Hostel. I cherished the Hilltop views from the hostel with lot of movie music heard from the Valley. The academic experience was the best at AMC. All thru the years we had dedicated professors with outstanding teachers. I owe my deepest gratitude to our AMC teachers & my parents Smt Satyavathi & Sri P V Ramanayya for their blessings & my luck to receive gold medals & book prizes in many subjects. I am very thankful for AMC extending the honor of Best outgoing Student, President of India & Pfizer awards. In the same spirit we like to pay our tribute to three teachers at AMC from our family. My husband Rao Duriseti's grandfather, Dr Narayana Rao, Professor of Biochemistry, my grandfathers Dr. Sonti Dakshina Murthy, Professor of Public Health & our uncle Dr. M N Rao on Faculty.

AMC is the foundation that gets credit for my teaching position at the University of Chicago Hospitals & the University of California along with my medical practice. The calling to return to India to serve got intense. We were fortunate to serve needy patients thru a Global Service Organization. The projects are conducted worldwide in 180 countries, inspired

by Sri Satya Baba's teachings based on five universal human values, Love, Truth, Right action, Nonviolence & Peace.

My husband and I realized that we got an opportunity to fulfill the promise made to ourselves to give back in a small way to the needy in India & USA. To give sufficient time in India we elected to take a five year break from our careers, lived between both the countries, travelling 3-4 times a year. We started with service projects in and around Vizag District. We offered rural outreach medical camps, prenatal care, immunizations, nutritional counseling, food & clothes distribution & drinking water projects with participation from doctors, nurses, teachers and many volunteers. We were able to provide transportation for physicians to do cataract surgeries, bring patients to Vizag for surgeries, free of charge.

We stayed at Ashrams in Puttaparthi & Whitefield to provide patient care at two super specialty hospitals and two general hospitals that provide total free care including Cardiology, Cardiac Surgery, Neuro Surgery, Ortho, Ophthalmology, GI, OB & Gyn, Internal Medicine, Pediatrics etc. Rural outreach thru mobile clinics, Drinking water Project & Education were provided free of charge. All these activities taught us appreciation and gratitude for the wealth of education given by our mother land, people and parents we owed a debt to repay with service.

Many of us are lucky to reap many rewards in life. But the true reward we can give to ourselves is the special joy thru sharing resources, knowledge & skill to care for others.

It is immensely satisfying and adds meaning, new dimension to outlook and life. We enjoyed reconnecting with AMCANA Reunion 2012 in Chicago. We are happy to learn about the many service projects of AMCANA in collaboration with AMC. We wish all the best for AMC & AMCANA organizers to succeed in building quality patient care and academic excellence.



AMC Dept. of Pathology Museum

Yes We Can Do it by Collaboration—My Personal Experience.

Subbarao V. Jayanthi M.D. M.S. (ortho) 1960-65 batch MBBS& 1967-70 MS Ortho



Back ground and brain storming:

I always wanted to support AMC and KGH but I did not know where to begin. I left for USA in 1974 and I doubted if anyone at AMC or KGH would even recognize me or help me in implementing my wishes. I started thinking seriously about what I wanted to do and how to implement. To decide on what I wanted to do,

I thought that I should exclude the things that I did not want to do. This was based on other friends' experiences or on my pre judgment that the scope of such project and the needed items should be the responsibility of the local administration and the Government. Friends in USA who expressed similar interest frequently argued as to why NRIs should shoulder the entire burden and what alumni in India are doing?

During my visits to India, I elicited views of friends who were active in AMC and hospital related activities. Interestingly some of them had strong feelings about

NRI s' coming to the college or the hospital and offering criticism rather than any support. I did not think that I could change perceptions but yet chatted with some of my class mates as to what they identified as needs.

With this at least I developed a list of items to start yes/no determination. By

nature, I am a very compulsive personality and review everything multiple times to convince myself that the selected item fits the criteria of my wish list. Here is the

problem. Two years went by in this exploration and I had not reached even a

shortlist to build my future plans. Fortunately by this time the frequency of NRI visits to Vizag increased and some batches were organizing reunions there. I heard from multiple sources that they discussed a lot about how much Guntur Medical college alumni have done. There was desperation that AMCANA (Andhra Medical college Alumni of North America) does not do much. You can well understand that this chatter did not enhance my enthusiasm. One of my juniors in medical school Dr. Sriram Sonty, friend from that time on, has taken a very active role in AMCANA. He encouraged me to formulate a constructive plan and assured that he will do his best to make it happen.

With this assurance, I was enthused to come with my choices. The recurrent theme that came up was education but I knew the scholarships and medals carried their own negative baggage. I focused on what helped me most in my education

and what could have been better. The job got easier when the role that Professor C. Vyaghreswarudu played in my clinical skills and learning the intricacies of orthopedic surgery flashed in front me. The unique characteristic of his was the way he collected data on patients and as post graduates we looked at those cards and were astonished to see that they went back many years. He assigned (Giant cell tumor- Osteoclastoma) for my thesis. At that time I did not realize that it was his favorite topic and he is known internationally for his work on that topic. He guided me, as a post graduate student in preparing me to be an orthopedic surgeon, he encouraged me to participate in national conferences and publish papers in journals. In addition to medical knowledge, his timely counseling helped me immensely to build my own personality as a physician and as a teacher.

So I am back to the drawing board to find deficiencies that exist in providing good educational material for Ortho PG students. Luckily by that time AMCANA donated some computers for the main library. So Dr. Sriram and I decided to establish a computerized library for Ortho PG students. I am amazed the way Dr.

Pedaveera Raju Garu and Dr. Sriram mobilized support in establishing

"PROFESSOR C. VYAGHRESWARUDU MEMORIAL ELECTRONIC LIBRARY" to benefit the post graduate students of orthopedic department of King George Hospital and Andhra Medical College was opened on the department premises at KGH on January 30, 2010. The hospital and a pharmaceutical company agreed to maintain this library. Seven students could use the five computers simultaneously and they can access all the latest information and down load all the orthopedic journal articles



I can never forget the process I went thru to reach appropriate decision but the

divine message was for me to work with AMCANA thru Dr. Sriram who in turn brought Dr. Pedaveera Raju into this task. There is no doubt in my mind that without such committed individuals, who shared my goal, this could never happen. My sincere gratitude to both of them and other collaborating medical administration leaders for making my dream became a reality. Details of this electronic library and slide show are available at “www.Jayanthicharitablefoundation.org”.

AMC STAGE INFRONT OF PANAGAL BUILDING:

Second experience for me is “playing a secondary role” to collaborate in a project of mutual interest.

I visited Vizag because I heard so much about the destruction caused by hurricane hudhud in 2014. My friend Dr. Adinarayana Rao, class mate from 1960 and colleague during post graduation in Orthopedics took me on a tour of the hospital and the college. In addition both of us have worked together to establish programs for college and the hospital when I was studying there. I was grieved to see the devastation. When we saw the stage in front of Panagal building both of us started reflecting on the dramas we acted in, my mono action performances and other multiple opportunities we had to be on that stage. All of a sudden Dr. Adinarayana Rao proposed that both of us should get the stage rebuilt and we came to a quick conclusion. Many of you may know that he will not leave any stone unturned to accomplish what he wants. Our goal was to have the stage reconstructed (not just repaired) by 2015 Global meet. The rest is history. The stage was built with great architectural design and named Vennela because it is an open air theater. What an easy way to get things done. Unlike the first experience this was a quick flash of thought that both Dr Adinarayana Rao and I had and agreed on it right away. The result was also accomplished very fast and it was ready for the global meet. The stage was inaugurated by Professor S. Balaparameswara Rao garu (Eminent Neurosurgeon and a great promoter of education).

Summary: Now I have become a strong believer that we can get things done for our college and hospital in an area of interest by properly setting our goals and approaching individuals who collaborate with us and the institution leaders to make it a memorable experience.

I recognize that unless a local “champion” who shares in your goals and is equally committed to that it is hard to accomplish such goals.

Similarly AMCANA and AMCOSA collaboration in the past few years is yielding noticeable benefit. Thus each individual need not struggle to accomplish his or her wishes if they can collaborate with these organizations.

At the end the winners will be the under graduates and

post graduate students who will have quality education with proper facilities and tools conducive to learning.

That in turn will improve patient care in the hospital.

Please note that this article is written to emphasize this message than boast about what I have done for medical school. I am sure in this souvenir and on AMCANA web site you will find a number of great examples of contributions by our alumni, for patient care, education, our hostels and Library.

BIG PICTURE:

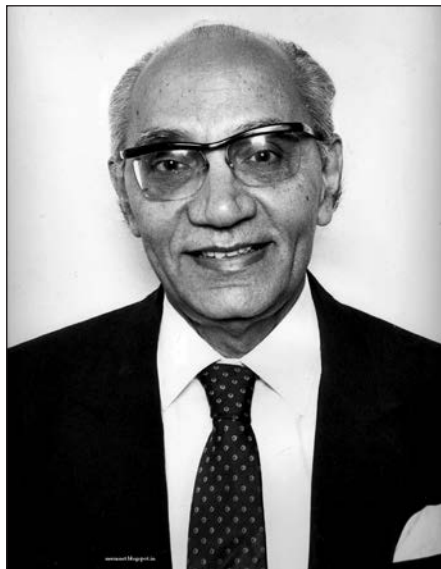
Andhra Medical College Alumni of North America (AMCANA) and the AMC old students association (AMCOSA) have established a joint committee of active members to work together on priority projects to benefit from mutual experiences and raising funds to complete those projects to every one's satisfaction. Our sincere hope that this is a great opportunity to openly communicate and avoid misunderstandings

US President John. F. Kennedy is frequently quoted to have said “ask not what your country can do for you ask what you can do for your country.” I think this very much applies to all of us because we have become physicians from what we learnt in this medical school and in the hospital.



Prof. Vyaghreswarudu Memorial Electronic Library

AMC Alumni of Distinction: Padma Vibhushan, Prof. Vulimiri Ramalingaswami ("Rama")



A Man of National and International Stature: Padma Vibhushan, Prof. Vulimiri Ramalingaswami ("Rama") MD; D.Phil; DSc; FRCP; FRCPath; FACP; FRS

The Andhra Medical College was established in 1923. It will celebrate the centennial year in 2023. This article is a tribute to one of the most distinguished graduates of the college. Dr Ramalingaswami was the most recognized and respected

scientist from India over a span of fifty years. His pioneering work on Indian Childhood Cirrhosis, protein calorie malnutrition, endemic iodine deficiency, nutritional anemias was ground breaking and is still widely cited. It is hard to imagine a more distinguished alumnus of AMC. Following is a synopsis of this great man's life, work and honors. -Ravi Sarma

Life:

Birth place: Srikakulam, AP, India

Parents: Gumpaswami and Sundaramma

Born: 8/8/1921

Died: 5/28/2001

Age 80. Brief battle with cancer

Hospitalized at the All India Institute of Medical Sciences.

Cremation: Lodhi Road crematorium

Family: Wife Prof. Surya Prabha and two children, both physicians, Dr V Jagdish and Dr V Lakshmi, settled in the US.

Education/ Degrees:

- MBBS, Andhra Medical College, graduated in 1944 (1939-1944)
 - MD, General Medicine, AMC, 1946
 - D. Phil., 1951, Oxford University, UK
 - D.Sc., 1967, Oxford University, UK
 - FRCP; FRCPath; FACP; FRS
- (In his student days, amateur actor and a talented singer.)

Research: Nutrition-Protein energy malnutrition in developing countries-Tropical liver diseases-Iodine deficiency-Nutritional anemias- Emerging Infectious diseases-Delivery of primary care-Medical education and teaching

Honors:

- Padma Sri (1969), Padma Bhushan (1971), Padma Vibhushan (?year)
- 1976, Leon Bernard Foundation Award, presented by Sir Harold Walter, president of the 1976 World Health Assembly
- 1986, FRS, Fellow of the Royal Society
- National Academy of Sciences, USA
- Foreign member, Academy of Medical Sciences, USSR
- President of the Indian National Science Academy.
- President, National Institute of Immunology
- Doctorate in Medicine, The Karolinska Institute, Stockholm, Sweden.
- Ramalingaswami Bhavan at AIIMS, named in his honor.
- Ramalingaswami Reentry Fellowship, AIIMS, for renowned and promising scientists to return to India and continue their academic and research work.

Positions held:

- -1947-Nutrition Research Laboratory (NRL) Coonoor, Nilgiri district, later National Institute of Nutrition, Hyderabad, AP
- -1957-1969, Professor of Pathology and Nutrition, AIIMS
- -1969-1979, Director, All India Institute of Medical Sciences, New Delhi
- -1979-1986, Director General, Indian Council of Medical Research (ICMR)
- -1979-1980, President, Indian Academy of Sciences
- -1988-1989, Special Advisor, WHO and was associated with UNICEF
- -1987-1988, Fogarty Fellow, Professor of Toxicology, Harvard University, Boston, MA, USA
- -Dec. 1992, Secretary General, International Conference on Nutrition, Rome, Italy.
- -1998=2001, International editor of Emerging Infectious Diseases
- Selected publications (From Wikipedia.)
- Ramalingaswami, V.; Menon, P. S.; Venkatachalam, P. S. (1948). "Infantile pellagra; report on five cases". *The Indian physician*. 7 (9): 229–237. PMID 18099153.
- Ramalingaswami, V.; Sinclair, H. M. (1953). "The relation of deficiencies of vitamin a and of essential fatty acids to follicular hyperkeratosis in the rat". *The British Journal of Dermatology*. 65 (1): 1–22. doi:10.1111/j.1365-2133.1953.tb13159.x. PMID 13018993.

AMC Alumnii of Distinction: The Singing Doctor: Dr. Sripada Pinkapani

-Seshu P Sarma, Class of 1969

Dr. S. Pinakapani, MD (General Medicine)

Professor of Medicine, AMC and Kurnool Medical College

Padma Bhushan Awardee, Sangita Kalanidhi

Born: August 3, 1913

Died: March 11, 2013, Kurnool, AP, India.

Place of Birth: Priya Agraharam, Srikakulam, AP,

Parents: Sripada Kameswara Rao and Jogamma

Medical education: Andhra Medical College

- 1932-1939, MBBS
- 1945, MD, General Medicine

Academic appointments:

- 1945-1949, Assistant Professor, Madras Medical College
- 1949-1954, Andhra Medical College
- 1954-1957, AMC, Professor of Medicine
- 1957-1968, K.M.C., Professor of Medicine

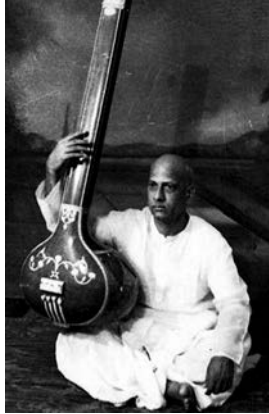
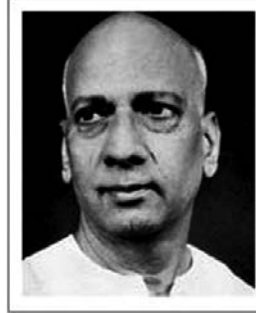
Carnatic Music-Life long passion:

- Artist, performer, teacher, composer, musicologist
- Great Guru. Students include:
- Nedunuri Krishnamurthy,
- Nookala Chinna Satyanarayana,
- Malladi Suribabu,
- Malladi brothers,
- Voleti Venkateswarlu and many others.
- Composed six varnams
- Tuned 108 keertanas of Annamacharya

Honors and awards in the field of Carnatic Music:

- Sangita Kalanidhi, Madras Music Academy.
- Sangeeta Kalasikhamani, Indian Fine Arts Society, Madras
- Padma Bhushan from the Government of India in 1984.
- SAPNA Life Time Achievement Award in 2004
- Asthana vidwan of the Tirumala-Tirupati Devasthanams on August 3, 2012, on his 99th birthday.
- Recipient of the first "Telugu Velugu" award, Cultural Council of Andhra Pradesh.

Popularly known as the "Doctor Singer of Kurnool", Dr. Sripada Pinakapani was born at Priya Agraharam in Srikakulam district to Sripada Kameswara Rao and Jogamma on August 3, 1913. He joined Andhra Medical College in Visakhapatnam in the year 1932 and earned his M.B.B.S degree in April 1939. Graduating at the top of his class, Dr. Pinakapani was the only one from his batch to acquire an MD



degree. Dr. Pinakapani worked as an Assistant Professor at Madras Medical College and as a Professor of Medicine at Andhra Medical College and later at Kurnool Medical College where he retired in 1968.

While he excelled in medical profession and held high positions, much of his glory and stellar public image came from the other profession that he embraced, namely Carnatic music. As a medical student, he used to practice music at 4 AM everyday in the hostel verandah and on the beach in Visakhapatnam. While advancing his medical profession, he continued to learn Carnatic music from famous gurus in Tamil Nadu. His voice was rich and he created a wholesome vocal style of his own. People who knew him called it the 'Pani Bani'.

Dr. Pinkapani had a successful career performing at major festivals and concerts. He continued to perform and teach music all through his medical career and afterwards, but did not have many opportunities to perform in Chennai, where, according to him, "the sabha secretaries chose to view me only as a musicologist." Dr. Pinkapani was a musical visionary and a great guru. His disciples include carnatic vocalists, Nedunuri Krishnamurthy, Malladi brothers, and many others. More than teaching, he made great contributions to creative music. He was considered the "healer of malady" (as a doctor) and "producer of melody" (as a musician). Dr. Pinakapani produced numerous books in music. He composed six varnams on his own and tuned 108 keertanas of Annamacharya in a wide range of ragas. A master of many trades, he was a body builder and a tennis player too.

Dr. Pinakapani was felicitated with many honors and awards including the much coveted Padma Bhushan from the Government of India in 1984. He was appointed as the asthana vidwan of the Tirumala-Tirupati Devasthanams on August 3, 2012, on his 99th birthday.

SAPNA (Sri Annamacharya Project of North America, Chicago, IL. Drs Sriram and Saradapurna Sonty) Honored Dr Sripada Pinakapani garu with SAPNA Life Time Achievement Award in 2004 in Kurnool

Dr. Pinakapani lived at Kurnool until his death at age 99. Even though his health forced him to stay in bed for many years, he never stopped singing or discussing music. To this day, the Pani bani lives on, in the music of his devoted disciples.

A documentary titled 'Gana Rishi' captured the essence

Continued on P. 33

A Tribute to Great Guru: Professor Podila Brahmayya Sastry

M.Sc, Ph.D.(Mc Gill)FAASc,FAMS.,FASc

Ravi Raju Tatapudi, M.D., D.M., FISN., D.Sc, FRCP



A short and burly gentleman in knee long white apron with marks of smoke here and there, walking in the corridors of Physiology Block late in the evening was a familiar sight for many a medical student of nineteen sixties and seventies. Seniors knew him as an outstanding and dedicated teacher, relentless researcher and a strict disciplinarian. He is Professor

P. Brahmayya Sastry, revered professor, great Neurophysiologist, a gentlemen to the core and honesty personified.

Prof. Brahmayya Sastry hails from a distinguished family of doctors and Shri Podila Seetaramayya and Mrs Podila Ramalakshmi were his parents. He was born on 24th of May 1913 at Kakinada. After his schooling in PR College, he had his medical education in Andhra Medical College where he obtained his MBBS degree. He worked as a tutor in Anesthesiology for several years before he got his MSc in Physiology. After working for a few years as Assistant Professor, he decided to do doctorate in Physiology. He got a placement in world acclaimed Department of Physiology in Mc Gill University in Canada. He worked on Acetyl choline, synaptic transmission in brain and nerves and effects of Hemicholinium compound under Prof. Mc Intosh, a renowned Neurophysiologist, and he was awarded PhD for this work. Because of love for his alma mater, he returned to India and joined in Andhra Medical College. Professor of Physiology, he continued his teaching and research, for next three decades He had the unique distinction of spending all his service only in AMC. Though he never worked in any other college, Physiologists all over the country and Neurophysiology Scientists across the world knew him as an outstanding scientist.

Prof. Sastry, trained 22 young researchers of which 5 obtained PhD degrees. Nearly 17 of his students got MD degree in Physiology. Several ICMR and CSIR scholars worked under him. Notable among his students were Dr. Desiraju, Dr. Venkataraman and Dr. Raghavan. Dr. Desiraju has won the coveted Shanti Swaroop Bhatnagar Award for the work done under Professor Sastry. The department of Physiology was recognised as one of the twelve centres for Neurophysiology research in India by IBRD (UNESCO), during his time.

Prof Sastry could envision five decades ago, that medical education should be imparted in an atmosphere of research.

It is he who created that atmosphere on the campus and kindled the passion in many young doctors, at a time when there was neither awareness nor infrastructure available.

Acetyl Choline transmission in brain ganglia, nerves and neuromuscular system and choline and Acetyl choline fluxes in rat's brain were his main fields of research interest. He has shown for the first time that Hemicholinium compound 3 inhibits intracellular Acetyl choline synthesis.

He worked on Filatov's Biogenic stimulators, the placental extract and the lyophil. He did clinical trials with these in poliomyelitis and unfortunate victims of Retinitis Pigmentosa. His other field of research activity were vitamin C metabolism in health and disease and Acetyl Choline activity in human placenta in health and disease.

It was fascinating to watch him conducting complex experiments on etherised cats collecting Ach from their cerebral cortical slabs and doing bioassays on cat's superior cervical ganglion, for estimating Ach quantities, in the days when infrastructural facilities were awfully inadequate.

It was amusing to see dozens of Albino rats in cages, in his laboratory. He was doing experiments on them doing allo and iso grafting of skin and also the beneficial effects of biogenic stimulators on tolerance of grafts. It is surprising that he did these experiments in days when Peter Medawar's principles were just becoming popular. He published not less than 80 scientific papers in various journals of Physiology and Pharmacology. He was chairman of Physiology section of Indian Science congress. He was one of the very few alumni of AMC to receive fellowship of Indian Academy of medical sciences (FAMS) and Academy of Sciences (FASc).

It was a unique honour for him that in 1960, Rockefeller Foundation has gifted him \$ 10,000 and also an EEG machine (a rarity in those days) for research work in Andhra Medical College.

Prof. Sastry became Principal of AMC after an exemplary service as Professor and had the rare distinction of extension of his tenure as Principal for six months. After his retirement from government service at the age of 55 years, he worked as ICMR Scientist, UGC Teacher cum Scientist and Emeritus Scientist of Government of AP for nearly two decades.

He had great love for Indian Classical music, especially carnatic music and he was a wonderful music critic also. He used to spend many evenings on the moonlit beaches of Visakhapatnam listening and making critical remarks and com-

Continued on P. 33



ments on the music of none other than Padma Bhushan Dr. Pinakapani. Both were of course bosom friends.

He conceived the idea of AMCOSA and founded the Association along with colleagues, Dr C Vyaghreswarudu and others.

He travelled all over AP, collected funds and constructed the AMCOSA building as a testimony of selfless and dedicated service of an alumnus to alma mater.

He passed away at the ripe age of eighty years in 1993, leaving behind him his great legacy. We are the fortunate generation to have been disciples of this illustrious institution builder. We always wish that the mantle he handed over to us shall be perpetuated by generations to come.

As a mark of respect and tribute to a Great Guru, we have started an oration in his name since 1991. Several distinguished scientists such as Dr Sri Ramachar, Dr Manikkam Suthanthiran, Nobel Laureate Dr Roger Kornberg and Dr Rajagopala Chidambaram, Principal scientific Advisor to the Prime Minister of India delivered the oration till date.

The light of knowledge that is pristine and pure shall kindle many more lights to render the world effulgent.

May this ardent wish of professor Brahmayya Sastry come true.

of Dr. Pinakapani's life filled with music. Ms. Mala Mohan, who has made this film, focused on bringing out the unique personality of the Gana Sanjeeva. She presents the musician-physician's innate curiosity, vividly, and throws light on a career that smoothly combined his interests in two noble professions.

In a tribute to a great guru, his disciple Smt. Jayalakshmi Sekhar writes, "the great musician taught me so much of his high discipline – teaching, writing books, notating, and even learning. He never felt he was too great to learn from anyone who had some song that he did not know. The humility in him is something I can never forget. He would scold me if I offered him fees. He accepted only one rupee from me. He was fond of naming three professions we should not make money from – medicine, teaching Sanskrit and teaching music".

In essence, Dr. Pinakapani was the modern Dhanvanthari, Narada and above all, a real yogi.



Paying Homage to Dr. Pinakapani, March 15, 2013. Principal Kalpna Narella & Dr. S. V. Adinarayana Rao

An Alumnus of Exceptional Talent:

Pravachana Karta, Dr. GL Kameswara Rao, MBBS, Class of 1966. MA in Astrology and Philosophy



Father: late Dr. G.V.L.N. Murty, Professor of Organic Chemistry, AMC
Mother: late Smt. Lakshmi Narasamma

Wife: Smt Sarada
Children: Srikanth and Mitreyi. Both reside in the US

GLK learnt at a very young age and developed great interest in Srīmad Bhagavatham of Bāmmera Pothana. With his knowledge of Telugu, Sanskrit and deep understanding of the spiritual and philosophical aspects of our scriptural texts, he explains in a lucid and concise way the various aspects of Srīmad Bhagavatam. He is a pravachana karta who has given commentaries

on the entire Bhagavata purana on several occasions.

His pravachanams are heard regularly on the class of 1966 weekly audio program, produced and broadcast by Dr Behara Subramanyam of McAllen, Texas. This is the most anticipated program for the entire class consisting of news updates, Mukha Mukhi, an in-depth interview with one of the classmates and Sukti Muktavali with GLK.

Deeply Interested in philosophy and religion, GLK has studied both Western and Eastern Philosophy. He read the Major Upanishads and other scriptural texts. Books on yoga, especially Kundalini yoga and Yoga Vasishtham are of special interest to GLK.

He is a Telugu poet, who composes in classical style. He also is an Asu Kavi, who composes grammatically correct poems on any topic. He wrote and published eight books so far.

Pioneering work in Orthopedics and care of victims of Polio.

Prof Chavali Vyaghreswarudu, MBBS, MS, FICS, FACS.



Dr. Vyaghreswarudu was born in Rajahmundry. His father was an Ayurvedic physician. He obtained his M.B.,B.S. degree and proceeded to complete double M.S. in General Surgery and Orthopedics from Andhra Medical College, Visakhapatnam. He became the first professor of Orthopedic Surgery at Andhra Medical College and King George Hospital Visakhapatnam in the newly established Department of Orthopedics in 1964. He was the first person to es-

tablish a department of Orthopedics in Andhra Pradesh. He had spent a greater part of his life for the welfare of polio victims and developed several innovative techniques in the treatment of the disease.

Dr. Vyaghreswarudu had many contributions in his long and illustrious career.

- He was the first in India to introduce 'placental graft' technique for the treatment of polio
- First to develop 'metallic guide' for the operation of Sub trochanteric Osteotomy and a guide for passing wire in Smith-Peterson nailing operation technique.
- First in India and among a very few in the world to perform human 'half Knee joint transplantation,
- The first in the country to conduct tibial osteotomy for osteoarthritis knee.
- He was one of the founders of the Andhra Pradesh Chapter of the Indian Orthopaedic Association.
- He was instrumental in getting the M.S. Orthopaedics course offered by Andhra Medical College, recognized equivalent to MCH offered at Liverpool in the United Kingdom.
- He was the first Indian to write a textbook in Orthopedics, "Principles and Practice of Orthopedics" in 1966
- He served as President of the Indian Orthopaedic association, 1970-72

In 1948, he went to Car Nicobar Islands and treated innumerable patients, who were affected by the outbreak of a polio epidemic. In recognition of his good work, he was awarded the World Health Organization fellowship for higher training in the United States in 1949. In 1954, he received an award at the Third International Polio Conference in Rome.

The Rani Chandramani Devi (RCD) Government Hospital came into existence in 1965 because Dr. Vyaghreswaru-

du's dedicated service for children with postpolio disabilities. Dr. Vyaghreswarudu started conducting free polio camps in different States for the benefit of those patients.

Dr. Vyaghreswarudu was the founder and first medical director of the Balaji Institute for Research and Rehabilitation in Tirupathi. Andhra Pradesh.

Dr. Vyaghreswarudu trained a number of highly qualified orthopedic surgeons who held very distinguished positions around the country. He was an external examiner for multiple universities for MS Ortho examinations. Dr. Vyaghreswarudu published extensively and served as editor of the Indian Orthopaedic association Journal.

Dr. Vyaghreswarudu retired from Government service in 1972 but continued to serve the poor polio patients through the various polio camps conducted in different parts of the country. Many philanthropists donated generously for organizing these free camps.

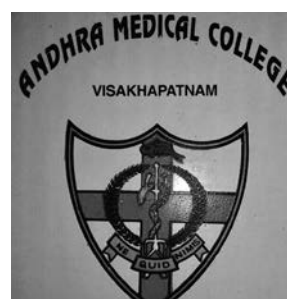
Dr. Vyaghreswarudu was instrumental in establishing the Andhra Medical College Old Students Association (AMCO-SA) in conjunction with Dr. P. Brahmayya Sastry in 1967.

The Professor C. Vyaghreswarudu Memorial Oration was instituted by Andhra Medical College in Visakhapatnam. Many distinguished scientists and Noble laureates were invited to lecture and were presented with the annual Oration medal. Dr. Vyaghreswarudu memorial gold medal for outstanding performance in MS Orthopaedic examinations and also an electronic library for Orthopaedic post graduate students were established in 2010. Andhra Pradesh and Tamil Nadu chapters of Indian Orthopaedic association established awards in the name of Dr. Vyaghreswarudu for the best papers presented.

Dr. Vyaghreswarudu was conferred an Honorary doctorate by the Andhra University for his dedicated service for polio victims around the country.

A bust of Dr Vyaghreswarudu was installed in the Orthopedics department at KGH.

(-This profile is a compilation from multiple sources, available in public domain.)



The Pioneering Life of Dr. Rednam Surya Prasada Rao

Rednam Venkata Krishna Rao, Class of 1966



Dr. Rednam Surya Prasada Rao, M.S. retired professor of Ophthalmology Andhra Medical College was born in 1911, in a distinguished Rednam family. He was the second son of Sri Rednam Venkata Krishna Rao garu and grand son of Diwan Bahudur Rednam Dharma Rao Naidu garu, first Indian Deputy Commissioner of Salt and Abhkari.

Dr. Surya Prasada Rao was the first post graduate to receive the Master of Surgery in Ophthalmology degree from the Andhra University in 1952. After a brief stint of work at Stanley Medical College as a lecturer in 1953 and Guntur Medical College as Professor of Ophthalmology in 1955 he returned to King George Hospital as an Ophthalmic Surgeon and provided compassionate service to those with eye disorders. As the Professor of Ophthalmology of Andhra Medical College from 1956 to 1968 he mentored over 100 Ophthalmic post graduates for D.O. and M.S. qualifications of Andhra University. Many of them went on to become professors of Ophthalmology in Andhra Pradesh but also in states of Orissa, Karnataka, Kerala, and Tamil Nadu. Several also were in the Defense department, resulting in a network of consultants for complex eye diseases. He was an Ophthalmology examiner at post graduate level. He was not only a great ophthalmic clinician but also an ambidextrous eye surgeon. He was also a very versatile person entertaining his protégés with his encyclopedic knowledge. His fund of knowledge about the world wars was immense and his narration was very informative and astoundingly precise.

His love for sports was the talk of his peers. He excelled in football, tennis and track and field and represented Andhra Medical College in inter University sports and even bagged college Doubles Tennis Championship. The fact he regularly participated in the old boys vs. current AMC students football matches till 50 years of age speaks volumes of his dedication and love for sports in spite his busy professional duties. He was instrumental in initiating the prestigious Major Ebden memorial Cricket Tournament, in honor of his mentor. Similarly, Dr. Sunkari Adinarayana, famous orthopedic surgeon of Prema Hospital Vizag and football inter university player, established a football trophy in honor Dr. Rednam Surya Prasada Rao, his beloved professor and fellow football player,

Dr. Suryaprasada Rao will be well remembered in the academic community for his description of

“FISHERMAN KERATOPATHY”. His admiring post graduate students all over the world have established two gold medals in ophthalmology, to honor his memory and to inspire the zeal of ophthalmology in students. One gold medal is for the best MBBS student in ophthalmology and the other to the best MS student in ophthalmology in the Andhra University conducted exams. After retiring in 1968 at the age of 57, he continued as a private practitioner for the next thirty years till his demise in 1998 at the age of 87. He passed away after a brief illness in Visakhapatnam in the very house that he was born at the Rednam Gardens.

He regularly participated in local eye meetings, state and national ophthalmic conferences. He attended the World Ophthalmic Congress in Paris, France in 1975. He visited USA in 1978 and spent most of the time attending lectures and conferences at the University of Illinois Eye & Ear Infirmary, Chicago. He next visited the USA in 1986 and attended the American Academy of Ophthalmology meetings in New Orleans.

He worked all his life caring for those suffering from visual impairment. He performed major surgery successfully till he was 83 years old. The secret for his longevity, good health and surgical skills was his high discipline and his habits of eating bland food, yoga, daily exercise, honest, humane and very humble conduct. He treated every one with respect. He followed a life of simple living and high thinking, always had open mind, ready to learn, devoid of ego and vanity.

A prize was instituted in his name by the Association of Ophthalmologists, Andhra Pradesh to the best paper presented at its annual conference and also The Andhra Pradesh State Ophthalmological Society has instituted a guest oration in his name.

The Government of Andhra Pradesh, to perpetuate the memory of his great service to public and to ophthalmic education has posthumously in 2002 renamed the Government Regional Eye Hospital Visakhapatnam as Dr. Rednam Surya Prasada Rao Government Regional Eye Hospital, Visakhapatnam.

He inspired me to be an Ophthalmologist by his great example, practicing what he was preaching, interesting instruction without any persuasion of pressure that paved the way for me to be Ophthalmologist sub specializing in treating Diseases and surgery of Retina- Vitreous. I am fortunate and honored to have such a sensitive and caring person as my father

My children two of them physicians one named after my father Surya Prasad Rao Rednam, Pediatric neuro-oncologist and the other a plastic& reconstruction surgeon, Dr. Rukmini Rednam and my youngest Priya Rednam, masters in Public Health, are all influenced by their grandfather in pursuing health care as their careers.

AMC Alumni of Distinction:

Dr. Ravi Raju Tatapudi: A Rare Combination of Academic and Administrative Excellence

- AMC Class of 1969, MBBS, 1976.
- DM Nephrology, 1985, P G Institute of Medical Education & Research, Chandigarh
- Academic Appointments: Professor of Medicine, Nephrology.
- Govt of Andhra Pradesh appointments: ADME and DME, 2008-2011
- Dr. NTR University of Health Sciences, Vijayawada, Vice Chancellor.
- Started the Department of Nephrology at AMC and KGH
- -Post graduate training facility for DM in Nephrology, started in 2001-02
- -Kidney dialysis unit
- -Kidney transplantation unit

Research Highlights:

- “Uddanam” Nephropathy in North AP, highlighted at the World Congress of Nephrology, 2013. Collaborative work with Harvard University
- -Research on transplant rejection, identification of IP10 signature gene, at Weill Cornell Medical College, New York. Research published in NEJM.

Honors:

- President, Indian Society of Nephrology
- Fellow of the AP Academy of Sciences.
- Best Citizen Award & Ugadi Puraskaram from the Chief Minister, AP
- Fellowship, International Society of Nephrology from SUNY, Brooklyn
- Fellowship in Transplantation Immunology from the Cornell University, New York.
- FRCP, The Royal College of Physicians of England bestowed him with an honorary FRCP on July 25, 2018.

Dr. Ravi Raju Tatapudi, former Vice Chancellor of Dr. NTR University of Health Sciences, Vijayawada, graduated from Andhra Medical College in 1976. A true gentleman with a quiet demeanor, he has had a distinguished career in health care, medical education and administration. He started his career as a Nephrologist after completing DM from the prestigious Post Graduate Institute of Medical Education & Research, Chandigarh in 1985. Subsequently, he worked in Andhra Pradesh Medical Education Services in various capacities as Assistant Professor, Professor, Additional Director of Medical Education (Superintendent and Principal of Medical College) and Director of Medical Education, Govern-

ment of Andhra Pradesh.

In a career spanning over more than three decades, he achieved several distinctions as a medical teacher as well as a clinician. As one of the first qualified nephrologists in the State of Andhra Pradesh, he developed the Dept. of Nephrology at Andhra Medical College / King George Hospital, Visakhapatnam. During his tenure, the department grew from a ten-bedded shared ward to a fully functional thirty-bedded postgraduate training facility with all the latest equipment and super specialty patient services. He was instrumental in starting Dialysis and Kidney Transplantation in King George Hospital, first ever, in a Government Hospital in AP. As a Professor of Nephrology, he started DM super specialty course at Andhra Medical College in the year 2001-02. The department now is ranked # 1 in the state in terms of nephrologists trained, the infrastructure, amenities, as well as patient care. He organized several scientific meetings, conferences and workshops on renal diseases for the physicians in Andhra Pradesh, for over thirty years. He spearheaded the setting up of Nephrology services like Dialysis and Kidney Transplantation in the private sector in the region, which can now boast of a rich heritage of professional nephrology services.

He has been associated with active clinical research and presented several papers at national and international conferences. He took a vital role in the epidemiological study on the prevalence of kidney diseases in North Coastal Districts of Andhra Pradesh, conducted jointly in collaboration with Harvard University, USA. His study drew the attention of the international community of nephrologists and it was christened as “Uddanam Nephropathy” in the World Congress of Nephrology-2013 at Hong Kong. His research work at Weill Cornell Medical College, New York led to the identification of one of the Signature Genes, IP10, for diagnosis of “rejection after organ transplantation”. His pioneering work on diagnosis of organ rejection has paved the way for publication of major breakthrough research work in New England Journal of Medicine.

During his tenure as Director of Medical Education, Govt. of AP (2008- 2011), he was of assistance to the Govt. of Andhra Pradesh in several major initiatives:

Aarogyasri Hemodialysis: Prior to this initiative, 90% of dialysis had been going on in the private sector which



was both inaccessible and unaffordable. With this scheme, dialysis was made available in the government sector across the state. Presently, 18 such centres are running successfully, catering to the needs of thousands of patients of Chronic Kidney Diseases.

Jeevandan: Cadaver Organ Donation Programme “Jeevandan”, was formulated and started in 2010 in the Combined state of Andhra Pradesh when he was the Director of Medical Education, facilitated streamlined allocation of organ donation. This scientific and transparent mechanism being the first in the country, is a model for other states. Jeevandan is now fully digitized with a large network of hospitals in Andhra Pradesh and Telangana State, which share availability of potential organ donors and use the organs of the brain-dead accordingly.

Advanced Radiological Services: Expensive investigations such as CT and MRI have been made available free of charge, with the introduction of these facilities in various government colleges in the state since 2010.

As Vice Chancellor, Dr NTR University of Health Sciences, Vijayawada, he has streamlined the admissions, other administrative procedures, and most importantly, the examinations and entrance examinations. Entrance exams of the NTRUHS have won all round acclaim for the transparent, fair and objective manner in which they have been conducted. He has revolutionized the entrance examinations, making them online, with case and image based questions and veering away from testing simple memory to testing concepts and practical

knowledge. Admissions were streamlined and conducted in transparent and efficient manner by web counselling. Library facility and access to journals and textbooks was provided to for all the colleges in AP through the Gateway. Digital valuation of examination answers was started during his tenure.

He initiated and conducted T to T program by Harvard Medical School in which 100 medical teachers in Andhra Pradesh received training in the most advanced and innovative teaching methodology.

His contribution to the field of nephrology helped him rise to the position of President of Indian Society of Nephrology, the apex professional body of nephrologists of the country. Dr. Raviraju has been a recipient of several prestigious medals, orations and awards, the most recent being Fellow of the AP Academy of Sciences. Some among the important ones include Gold Medal for Research for his work in Physiology; Best Citizen Award & Ugadi Puraskaram from the Chief Minister; and, Fellowship from the International Society of Nephrology from SUNY, Brooklyn and Fellowship in Transplantation Immunology from the Cornell University, New York. The Royal College of Physicians of England will bestow him with an honorary FRCP on July 25th, 2018. He is one of the 30 scholars handpicked from all over the world for this honor.

All through his professionally fulfilling career, he has been driven by an unswerving commitment to service. This steadfast mission inspired all his academic accomplishments, administrative achievements and research pursuits.

AMCANA Nephrology Gold Medal

**Dr. Naveen ,MD,,Assistant professor of medicine, AMC.,
AMCANA liaison**

AMCANA wanted to generate interest among under graduate medical students towards Nephrology super speciality in view of the pandemic proportions of CKD Globally and in particular in India. In this connection AMCANA has instituted the AMCANA Nephrology Gold medal for final year MBBS Students. An amount of Rupees 2,00,000 was credited to the Principal, AMC account for this purpose.

The Gold medal Examination is jointly conducted by professor and HOD of Medicine (Dr.A Krishnamurthy) and professor and HOD of Nephrology (Dr.G.Prasad) in theory, practical and Viva voce. The establishment of this Gold medal was possible due to the active interest shown by Dr.Prasad VRK Chalasani, president AMCANA and Dr.T.Radha, and Dr. P. V. Sudhakar, principals of AMC.

The inaugural year medal was won by Dr. Yelamanchi Raghava in 2017 and by Dr. Raja in 2018. The Gold medal will be presented at the annual college day function.

We sincerely assure AMCANA that this Goldmedal exam will be conducted annually in the true spirit and the medal will be awarded to a worthy student.

Dr. T Ravi Raju, excellence award

Dr Naveen MD

Dr T Ravi Raju is legendary in the field of Nephrology in Andhra Pradesh and in India. A donor from AMCANA came forward to fund the establishment of Dr. T. Ravi Raju Excellence award to recognize physicians/ scientists who have rendered outstanding services in the fields of Medicine & Science.

An amount of RS 4,00,000 was deposited by AMCANA in the AMC Principal's account with HDFC Bank in Visakhapatnam in a fixed deposit. The interest accrued annually is being utilised for this award.

In 2017, the inaugural year, the award was given to Dr. R. Chidambaram, Principal Scientific Advisor, Govt of India.

At the award function, Dr. Chidambaram gave a lecture on “Nuclear Technology – Human Health”. About 350-400 physicians and scientists attended the function, held at Hotel Gateway in Visakhapatnam July 12, 2017. He was presented with a silver memento.

Dr T Radha, the then principal of AMC and Dr. P.V. Sudhakar, the current Principal of AMC were actively involved in the institution of this award.

Trust Deficit: Why Indian Americans Do Not Give to Charitable Causes Even as They Are Among the Ethnic Groups with the Highest Per Capita Income.

From Lokvani 7/17/2018 (Courtesy of Sri Ram Sidhaye, Atlanta, GA)

Indian-Americans, who are among the ethnic groups with the highest per capita income, donate about \$1 billion per year, far less than their potential of \$3 billion philanthropy in the US, according to the results of a first-of-its-kind survey. The survey, which assessed the giving habits of Indian-Americans, concluded that the community donates in the range of 1.5 per cent of their income per year, compared to the average American donation rate of four per cent per year.

With a strong 4.1 million members, Indian-Americans have one of the highest median household incomes of any ethnic community in the US, and it is recognised as being well educated and socially aware. Released during the Indiaspora Philanthropy Summit at Georgetown University here yesterday, the Indiaspora-Dalberg Community Engagement Survey found that Indian-Americans volunteer at nearly double the national average but give substantially less financially, ultimately leaving significant social impact on the table.

“Today, we are discussing what lies next for Indiaspora in our role as a philanthropic catalyst, which is one of the core pillars of our mission. We are in the early stages of strategically planning what we should do to move the needle – which is to say, increase the amount of Indian-American philanthropic giving in America and to India, and make it more effective,” said M R Rangaswami, Indiaspora founder. At over \$3 billion dollars annually, the giving potential of Indian-Americans is enormous said Joe Dougherty, Dalberg Advisors’ regional director for the Americas.

To put it into context, the Bill and Melinda Gates Foundation distributes \$4-5 billion across the entire globe every year. “Imagine the kind of impact the diaspora could create if they met their giving potential. We hope that the results of this study help galvanize philanthropic efforts among this important—and influential—community,” Dougherty said. The survey found Indian-Americans are passionate about social impact, has a diversity of interests, are careful screeners and prolific volunteers.

An Indian-American donor typically volunteers 220 hours each year, far exceeding the US national average of 130 hours annually. “However, the community must not get complacent – the Indian Diaspora has a long way to go before we can call ourselves good givers,” the survey notes. “We find there exists a large ‘giving gap’ in the realm of at least \$2-3 billion. Further, we find a ‘passion-donation gap,’ which means that the community does not necessarily give to those causes which it collectively claims to be most passionate about,” it said. The survey also found that women and men do not always rank the same causes in the same order of importance.

For example, 59 per cent of women listed gender equality as an area they are passionate about (tied with education as their top passion area) whereas only 26 per cent of men said the same (only 6th on their list of passion areas). Finally, the community tends to view its business and investment activities as being almost entirely independent of their philanthropic engagements, it said.

The survey also found credible evidence buttressing the pervasive notion that Indian diaspora donors often lack trust in the philanthropic organisations they might wish to give to. “In other words, donors harbor a ‘trust deficit’, it said.

Editor’s note: The bulk of these donations go to religious groups and institutions. If these are excluded, even less than 1% of the charitable dollars go to much needed causes like education, health and family welfare. —P. Ravi Sarma



Major Ebdon

Professor of Surgery

Principal, 1933.

The Ebdon Memorial Inter Collegiate Cricket Tournament was established in his honor. Several players from AMC who played there, represented Andhra in Ranji Trophy matches.

Principals of AMC 1923-2018

#	Name	Specialization	From	To
1	Lt. Col. F.J. Anderson	Professor of Surgery	1923	
2	Lt. Col. F.C. Frazer	Professor of Surgery	1927	1928
3	Dr. T. S. Tirumurti	Professor of Pathology	1930	1930
4	Major J. W. Ebdon	Professor of Surgery	1933	1933
5	Major F.M.Collins	Professor of Surgery	1937	1938
6	Major J.F. Shepherd	Professor of Surgery	1939	1941
7	Major F.A.B. Shepherd	Professor of Surgery	1941	1945
8	Dr. T. Bhaskara Menon	Professor of Pathology	1945	1948
9	Dr. N. G. Pandalai	Professor of Bacteriology	1948	1951
10	Dr. M. V. Ramana Murthy	Professor of Surgery	1951	1951
11	Dr. T. K. Raman	Professor of Medicine	1951	1953
12	Dr. M. D. Anantachari	Professor of Medicine	1953	1954
13	Dr. D. Govinda Reddy	Professor of Pathology	1954	1956
14	Dr. S. Venkateswarlu	Professor of Radiology	1956	1956
15	Dr. G. V. Satyanarayana Murty	Professor of Medicine	1956	1959
16	Dr. K. Ramesh Pai	Professor of Surgery	1960	1960
17	Dr. P. Narasimha Rao	Professor of ENT	1960	1964
18	Dr. V. S. Raghunathan	Professor of Medicine	1964	1966
19	Dr. P. Brahmayya Sastry	Professor of Physiology	1964	1966
20	Dr. M. Y. Ansari	Professor of Pharmacology	1965	1966
21	Dr. D. Raghavendra Rao	Professor of Thoracic Surgery	1969	1971
22	Dr. R. Satyabhama Reddy	Professor of Gynecology	1969	1974
23	Dr. B. Shanmukheswara Rao	Professor of Surgery	1971	1973
24	Dr. L. Suryanarayana	Professor of Surgery	1974	1975
25	Dr. K. Kameswari Devi	Professor of Gynecology	1975	1976
26	Dr. K. Sanjeeva Rao	Professor of Anatomy	1976	1981
27	Dr. C. Sita Devi	Professor of Biochemistry	1981	1984
28	Dr. E. N. B. Sharma	Professor of Surgery	1985	1986
29	Dr. V. S. Dhanraj	Professor of Anesthesia	1986	1987
30	Dr. K. Veerebadhiah	Professor of Surgery	1986	1987
31	Dr. G. Nirmala	Professor of Pharmacology	1986	1998
32	Dr. C. Syamala	Professor of Paediatrics	1992	1995
33	Dr. V. Pranava Murty	Professor of Medicine	1994	2001
34	Dr. P. A. Jayakar	Professor of Bacteriology	1995	1996
35	Dr. R. Venkata Ramana	Professor of Surgery	1996	1997
36	Dr. K. Surya Rao	Professor of Medicine	1997	1997
37	Dr. R. Ahikrishna	Professor of Ophthalmology	1998	1999
38	Dr. K. Akkalanaidu	Professor of ENT	1999	1999
39	Dr. A. Prakasa Rao	Professor of ENT	1999	2000
40	Dr. K. Venugopala Rao	Professor of Pediatric Surgery	2000	2001
41	Dr. Sasiprabha	Professor of Gynecology	2001	2002
42	Dr. K. Raghavaprasad	Professor of SPM	2002	2003
43	Dr. Ch. Gnaneswar	Professor of Medicine	2002	2003
44	Dr. Ronanki Narayana Rao	Professor of Medicine	2003	2006
45	Dr. C. V. Rao	Professor of Plastic Surgery	2006	2008
46	Dr. G. Bhagya Rao	Professor of Psychiatry	2008	2011
47	Dr. Vishnu Prasad	Professor of Neurosurgery	2011	2011
48	Dr. Santha Rao	Professor of Surgery	2012	2012
49	Dr. Kalpana Subrahmanyam (MD)	Professor of Biochemistry	2012	2013
50	Dr. S. V. Kumar	Professor of Surgery	2013	2016
51	Dr T. Radha	Professor of Obstetrics & Gynecology	2016	2017
52	Dr. P. V. Sudhakar	Professor of Plastic Surgery	2017	Present

అంకానా మీటింగ్ కోసం.....

అంకానా మీటింగ్ కోసం అమెరికా వస్తున్నా ! గత ప్రయాణాల వృతుల్ని మీతో పంచబోతున్నా !!	బహమాన్ దీవుల్లో బహుళ వర్ష సంధ్రాలు ! లోతు తక్కువ నీళ్ళల్లో ఈత కొట్టిన వైనాలు !!	హూయార్క్ బైమ్ స్క్వేర్ మ్యా ఆర్థియాన్స్ ఫ్రెండ్ క్వార్టర్ దేవికదే సాటి అవనిలోనే మేటి !!	వడి వడిగా జీవితం సుడిగుండంలో వృద్ధాప్యం ! తుపాకీ కల్చర్లకై ఆరాటం ఒబిసిటీ వల్చర్లపై పోరాటం !!	ప్రపంచ శాంతి కోసం ట్రంప్, కిమ్ ఫేటీ! వర్యావరణ రక్షణకై ప్రపంచ దేశాలతో పోటీ !!
ఉదరకోశ వ్యాధులపై సదస్సుల కోసం వచ్చా ! పూర్వ విద్యార్థుల ప్రగతి గాంచి గర్వంతో తిరిగివచ్చా !!	గ్రాండ్ తెన్యాస్పై బ్రాండ్ మ్యా హెలికాప్టర్లో ఎత్తుపల్లాల వైవిధ్యం ! కొత్త కోణంలో జీవితం !!	కొలంబస్ కు ముందు అలాస్కా ద్వారా రెడ్ ఇండియన్లు ! జలమార్గం ద్వారా తదుపరి వలస వచ్చిన యూరోపియన్లు !!	బానిసత్వంపై పోరు వలిపెన్ హునిలేని బాటలో లింకన్ ! ఎన్నో పరాజయాలకోర్కె కన్న కలలు సాకారం చేయనేర్యే !!	ఎమెస్సీ బడిలో చదివావు అమెరికా ఒడిలో ఎదిగావు శతాబ్ది భవనానికి దానమిచ్చి కృతజ్ఞతా భావాన్ని చాటుకో !!
తైరాం ఇంట్లో డిన్నర్ తిన్నా శ్రీరాం కంట్లో నలుపై ఉన్నా తానా మీటింగ్లో పాల్గొన్నా ఆనాడే బిల్ క్లింటన్ స్పీచ్ విన్నా !!	హవాయి ద్వీపాల్లో లావా చిమ్మిన పర్వతాలు ! పెరల్ హర్బరు మ్యూజియంలో ఆరిజోనా మోమోరియల్ !!	ప్రతిభా పాటనాలుంటే బలికే అవకాశాలెన్నో రెట్లు ! బిల్ గేట్లు, బుఫెట్లు వేలల్లో బిజినెస్ మాగ్నెట్లు !!	కర్ణభేరులదిరేలా వర్ష వివక్షపై గళమెత్తిన మహాత్మా గాంధీ మేకింగ్ మార్టిన్ లూథర్ కింగ్ !!	- డా॥ ఇ. పెద వీరాజా
నియాన్ డీపాల వెలుగుల్లో నయాగరా ఫాల్స్ ! నయనారవిందంగా నయా నయా మూల్స్ !!	లాస్ వెగాస్ కేసిస్లో లాస్కి వెరవని వాళ్ళు కళ్ళు చెదిరే డ్రిన్లో అలుపెరుగక తిరిగిన కాళ్ళు !!	మానవ సేవయే మాధవ సేవని దానమిచ్చిన డాలర్లతో హాప్పీన్, మేయో హాస్పిటల్లు హార్వర్డ్ బిజినెస్ స్కూల్లు !!	దేశమిచ్చిన దడగబోకు దేశానికేమిచ్చావని స్ఫూర్తినింపాడావాడే శ్రీరక్షమడు జాన్.ఎఫ్.కెనడి !!	Our sincere thanks to all the contributors to this souvenir. We tried to accommodate all the articles submitted. Some we could not use for variety of reasons. Hope you understand. -The Editors.
అలస్కా క్రూయిజ్లో కులాసా కబుర్లు ! గోల్డ్ రిచ్ ప్రాంతాల్లో బాల్డ్ హెడెడ్ ఈగిల్లు !!	బోస్టన్ టీ పార్టీ బుఫేలోబిల్ వైల్డ్ వెస్ట్ సియాటల్ స్పేస్ నీడీల్ మియామా సాత్ వీన్ !!	నాసా వెళ్ళి చూసా చంద్రయానపు తమాషా ! అంతరిక్షంలో మానవుడు ఎంత ఎత్తెదిగాడో వీక్షించా !!	తెల్ల సౌధంలో కాలిడిన నల్లజాతి నాయకుడు ఒబామా కేర్ తెచ్చి శభాష్ అనిపించాడు !!	